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**The Doctrine of Consciousness**  
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Hello  
The topic of my seminar today  
this is my Teaching about Consciousness

and first of all  
I would like to consider the issue  
precisely at a health-improving level  
this level of the Teaching

because when we talk about Consciousness  
then first of all we consider  
element of human perception for example

exactly that element  
when a person perceives himself  
and the main element here is  
what a person is looking at  
your own Soul  
who built it  
but through the structure of Consciousness

i.e. it turns out that we are looking  
on your Consciousness  
if at a level distant from oneself  
and at the same time in fact  
we are looking for our own Soul in essence

and when we talk about searching for the Soul  
then in this case we always mean  
that the Soul that creates the body  
this is the level we are considering  
first of all, for example, well, in the physical body of a person  
when we talk about the body as such initially

and at the same time this, for example, management structure  
First of all, it concerns the level of health  
which was originally given by God

so I would like to consider in this lecture  
exactly the level  
when Consciousness is born by God

and at the same time the person has  
Consciousness coming from God

when you look at this level  
then your own health  
this is what you are first of all  
are you considering  
as a structure for one's own development  
for example, up to your level of organization  
when you suppose you were not yet created  
but at the same time your element of Consciousness  
already existed in the future

for God there always was  
health level  
included in the physical body

if we consider  
let us assume the body as a form of Consciousness  
after all, it comes from the body, for example  
Primary impulse of Consciousness

however, if we consider  
a form that contains Consciousness  
then we can understand  
the work of internal organs  
in relation to God  
to the One God to the Creator

if we consider the structure of Consciousness in this way  
then what we see  
in the form of God's Action  
this is first of all what God builds  
each organ independently

because in essence human consciousness  
this is what defines  
his, in general, well, including his everyday life in essence  
means that it includes that too  
that a person generally acts independently  
from the primary level of organization, as it were

Well, man is born  
it takes some time to develop  
at the same time the level of Consciousness  
as if expanding

but in this case

I would like to consider  
Consciousness is originally given by God

in which you always have  
basically the same status of one's own development  
initial status

when you have it  
then the expansion of Consciousness is just for the sake of it  
knowledge of one's own Soul in essence

again here I go to the structure of the docking  
where the Soul meets Consciousness  
and moreover, it connects at the original level  
where God is

and when you see this level  
like a level coming to you as if from afar  
then you have healing through internal organs

here the technology is very specific  
when we talk  
about the structure of my Teaching about Consciousness  
that healing coming from the external environment  
This is healing that comes from God

logically, this is generally clear to everyone  
everything was created by God  
therefore coming from outside  
it always comes from God

when you consider  
structure of internal healing  
for example, you realize  
that the functioning of the internal organs is assumed  
these are, well, some kind of connections, let's say, of each organ  
or all with one  
and then it's healing  
this is what your Soul creates

so when you talk about God Consciousness  
combined precisely with your Consciousness  
then the simultaneous understanding of that  
that you create yourself  
and including all external Reality  
this is what comes from God  
you get whole organs

i.e. to understand the shape of the organ in general  
internal organ  
well, without x-rays and without anything  
morphological variants of atlases, etc.

you can understand it first of all in a comprehensive manner

i.e. the first level of understanding of the organ  
it is always a multidimensional system

and organ any internal organ  
it's always basically the same thing  
how do you realize for example  
the whole outside world is there  
are completely multidimensional high-speed processes there

and at the same time, as a rule, you don't stop  
on one thing  
on some star for example yes  
before fixing the understanding

i.e. there is a certain level  
very fast exchange of information  
the same level of awareness of internal organs  
must be primary  
from the point of view of the initial level of organization of organs

so when you see  
your internal organ  
precisely as an element of maximum information speed  
you are healing him

and at the same time, just now when I speak  
just make a specific control related to that  
what is your recovery  
it's what you perceive  
how is the management going  
and from you  
and coming to you  
and at a very high speed

i.e. the higher the speed  
the higher you are, well, you "take the bar , yes "  
level of internal organs management

why did I start healing here in this case?  
from the concept of "internal organs"  
because if we talk about that

so that there is no, let's assume, a global catastrophe  
then it is enough to state that it exists

like there's one inner cell there, yeah

in normal condition and

then the concept of the Norm for one cell

This is the norm, generally speaking, for the whole organism

so if we say

from the level of root systems of management development

then it is enough to declare the Norm of one cell

we have in principle the Norm of the whole World

so when we talk

about real recovery yes

agreed with the whole world

and at the same time we are talking about that

that health improvement concerns, among other things,

well, for example, the harmony of the development of the World

about what we take into account there, let's assume the background , yes

or the future system of development of the World

then we can talk

that each cell has the same speed

as well as all information

the outside world

and inner peace

i.e. in relation to a given cell

Well, let's assume an atomic system , a molecular system, etc.

so here we go again

generally speaking to the One God

i.e. we see

where the level of God begins

when we pass further

then initially we still meet

the level of creation of this cell

By God

when we, for example, want to return to logic, yes

on the Consciousness of the logical plane

then we move on again to ultra-fast processes

but already manifested in the Soul of man

but in the Soul of man

super-fast processes of Consciousness  
it's just static light

pay attention here  
to restore, for example, an organ , or some internal one  
we can assume  
or go to speed synchronization  
internal organ  
and the whole outside world yes  
the first element is quite simple in general

it's enough to just tune in to the speed  
where the outside world is harmonious yes  
and the internal one turns out

and the second element is just find the point  
which just seems to glow in one place  
and that's all

and when you this point  
as a point of illumination of the Soul  
so you see it right in general  
i.e. you see where it is, generally speaking  
here is the main status of Consciousness

Be careful here  
Consciousness allows a person to see what is.

Well let's say I diagnose  
some kind of plane or aircraft  
or is there some kind of nuclear reactor there  
that's what happens  
i.e. there really is such a defect there

and the status of Consciousness has only expanded  
to the level well, for example, let's assume there is a specific object yes

if it is a person, then for example, it will immediately be a treatment of the person

i.e. Consciousness is structured like this  
what is there the level of control is immediately there  
it is contained in the plan as a kind of necessary attribute  
here are the elements of this environment

and the optics of Consciousness is distinguished by the fact that  
what is in human perception  
it's generally a light golden color as a rule

i.e. a person perceives  
element of Consciousness  
as a system close to the body

i.e. I am talking now about Consciousness  
exactly at that level of Consciousness  
where does it exist  
the primary level of organization from God

because there is more  
level of investigative consciousness  
there is a level of expanding Consciousness

and so when we talk about that  
how do we suppose we need to  
differentiate Consciousness  
then it is necessary to separate in the optical phase  
light golden level which is close to the body

by the way, this is not  
here is the concept of "aura" or some kind of "biofield"  
this is a level of Consciousness that is completely autonomous  
and has this exceptionally golden color

i.e. let's assume that we have singled out the fraction of Consciousness  
close to the body  
we will try to find  
element of presence or Action of God yes  
between  
Human consciousness with the external environment  
and the body of the physical body of a person

for this it is enough  
how to get inside  
between Consciousness and body  
and we will see how God does as if from the outside and does  
and Consciousness and body at the same time

then we will see the status of our own Soul  
what the Soul wants at the moment

and when you for example this action  
consider it as a management action  
then you will get first of all that  
what with your action  
you receive it immediately in Consciousness  
management practice  
which, well, first of all, she saves everyone

secondly, you gain experience for the next development

i.e. the next action  
contains  
all that came before

well let's assume that's how it is in mathematics  
all following actions  
contain, let us assume, the theorems of proof preceding there, etc.  
as in any science

and when we set the task  
this is exactly the level of knowledge in general  
own Consciousness  
or Consciousness of the external environment

then this level is like a division of light systems  
i.e. the golden color is what you perceive  
in your Consciousness  
and your own physical body

and at the same time finding God acting  
exactly how it works in the form of optics  
what does god do by shaping your consciousness

i.e. we want to act correctly  
so it's better to see how God points yes

i.e. in Consciousness this can be done absolutely precisely in general  
if you set a goal  
because Consciousness is the whole system of reaction yes  
the whole system of Perception  
and in general the level of regulation of the structuring of the Soul  
the level where the Soul develops  
from the point of view of Perception

thus we came to the concept of the Spirit  
which is a supporting platform  
for the presence of God

when you come to this  
then this division, well it looks like that  
what if we have, for example, a wetsuit, yes  
then the person realizes  
that the wetsuit fits snugly to the body

and the structure of Consciousness  
it is still a tightly fitting environment

primarily to the physical body

first level of Perception

like a newborn baby, for example

it is the environment adjacent to the physical body

and if we look at the process from the very beginning

from the birth of a person yes

here is the true level of biological birth

where the biological level implies that

what for example are this person's parents

they were in this external environment for example

they were originally created by God, etc.

then we see

what does the fetus perceive, for example?

the entire external environment

as a reasonable structure

which directs him, for example, into some future

and from this point of view the future for the child

it is a completely controllable system

otherwise here is the Child Development Norm

would have been, well, basically, either slowed down or modified

i.e. for a newborn

and generally speaking for the level of intrauterine development

the whole future is absolutely certain

and it's completely clear

and moreover, the shorter the pregnancy period, let's say

the more precise the future is visible to the fetus

so by analogy we can say

what if we set the task of recognition for example

precise characteristics of the future

it turns out that we are, as it were, shaping the external environment

in relation to in relation to well, in general, to that

how the newborn is already located yes

in a normal environment, in fact, always initially

if, for example, there is no pathology during labor

then it turns out

this is the level of co-formation

it helps, generally speaking, it is

exclusively by such an intensive method

on the formation of the structure of one's own health

when you are in the concept of "health"  
you also invest  
and the structure of the development of Consciousness  
the structure of the Norm and the external World  
and inner peace

now we've already arrived  
to the structure of the inner world  
when you set a goal, for example  
well, let's assume that we can do it and control it  
put some optical plan  
or understand something

that concept of the inner world  
for Consciousness it is always a search, yes  
search for a specific place  
where this inner world should be realized

and when you do this for example  
i.e. you try to find  
the structure of the inner world  
then you are essentially looking for structure  
where there is the dynamics of the Soul  
in your Consciousness  
where is the soul let's assume it develops yes

how to find the structure where the Soul develops  
at that moment  
when the Soul was originally given by God  
and it generally exists  
in a state unchangeable for God

and how, for example, can you look with your eyes ?  
Well, let's say a person, yes  
with my own eyes  
to suppose to find  
still the structure of the development of the Soul

it turns out that the search is basically an internal search, yes  
this is the concept of the inner world of a person

and this is a complex concept  
here in the structure of my Teaching about Consciousness  
nevertheless, it requires a fairly specific understanding  
designation of processes

i.e. a person must understand absolutely precisely

at the level of Consciousness  
that the future has a very specific outline  
the future has  
very clear positive characteristics

i.e. a vector of positive forces  
it is declared there quite clearly  
and they are static

i.e. a person in general develops  
knowing that he has a favorable vector  
i.e. static  
where development is always generally positive

when you find this vector  
you come to the concept of "childhood development"

i.e. pay attention in childhood yes  
time dilation other  
i.e. the day is perceived as longer , for example

in childhood a person perceives colors differently  
and if you, for example , try to remember the feelings of childhood  
then the World is wider, i.e. it is more voluminous

i.e. the external environment that shapes the child's growth  
it's wider, as it were  
for the structure of the child's Consciousness

and when you try to understand  
why does this happen?

then if we take intrauterine development  
where the narrow space that forms Consciousness  
now I am already talking about the structures of the formation of  
Consciousness

that this space is a controlled environment

then as soon as a person is born  
he tries to expand the Spirit  
First of all, expand  
the structure of the external world

i.e. he does the management in general  
expands with its growth at the same time  
the outside world

and when you, for example, ask yourself a question here  
how does it affect let's say yes  
developing Consciousness  
there is a developing human body  
to the outside world  
then make the outer world inseparable  
with your Consciousness

What difference does it make to you anyway?  
how to perceive yourself  
how to perceive the outside world  
make it a homogeneous system of Perception

then influence on any environment  
will be completely simple

i.e. by one action of Consciousness  
you influence  
on any structural environment

in this case the influence will be completely positive  
because you are not breaking anything

when you make the unity of the world  
you become closer to the One God  
To God who has a Single Physical Body

it turns out that as soon as you come  
to such a mechanism of influence  
your physical world  
becomes more as if wider  
but at the same time it becomes more concentrated

i.e. it kind of goes inside

and for human Consciousness  
it turns out that the more events we have  
the more the physical world contracts

and when, for example, you proceed from that  
how can you make a person not die  
from the point of view of developing one's own Consciousness  
make the shrinking world  
as if synchronized with the level of childhood  
i.e. with the expanding World

but not with childhood itself, yes  
and with the structure of the growing World

from your cell from your body  
and first of all  
from your inner world it turns out

because in this case I said  
It's about the inner world now

and when you, for example, start to analyze  
position of the inner world  
towards you  
then you see that the inner world is your inner world  
created by the One God  
in the area where Consciousness operates

that's why it works  
what a search well as if points of the inner world yes  
this is the dynamics of Consciousness

so for example a person if he asks a question  
after all, you can get to know your inner world there  
then from the element of knowledge  
Consciousness in general becomes even more dynamic.  
and the inner world will simply expand, for example

but for example, having fixed even if  
at some conceptual level

your inner world  
we see that he immediately begins  
how to expand at the same time  
so at the same time and shrink yes  
at the point means the same thing

i.e. it is immediately visible  
and the expansion effect  
and the compression effect

and these two effects are obtained  
which generally look like silver color  
they turn golden  
if we look at them from the outside

and that's when we start to analyze  
and then what do we look at ?  
how we perceive a given optical environment

so here in my structure of the Teaching about Consciousness  
data transfer

transmission of information, for example, about Eternal Development  
transmission of information about Infinite development  
it just happens on just about everything  
that a person possessing  
for example, yes, the function of controlling Consciousness  
to the area of Infinite development  
maybe this function should just be highlighted

at the same time illuminate by creating  
precisely the transitional level  
i.e. the silver color turns into gold  
and that's all

and at the same time the level of transition  
it is first and foremost the human body

as I consider  
in the structure of management through Consciousness  
First of all, health improvement  
then the human body is considered here  
as a structure understandable to humans

Well, what could be more understandable than that?  
than the human body  
for the person himself

i.e. a person in principle naturally understands the body  
at a certain level he is in complete control  
with your physical body

and at the same time when you, for example, do management  
let's assume that it's coming from you  
then you get basically what your management  
it is first of all what you see and perceive  
still Consciousness

i.e. Consciousness as a controlling element  
where is the decision making  
assuming the acceptance of management functions yes  
making a decision for another information object  
because the concept of management  
it is still a responsibility  
and for another object of information  
so somewhere grass grows  
a plane is taking off somewhere  
somewhere, for example, a nuclear power station shouldn't explode

at the same time you can strengthen

the same action  
by repeated action of Consciousness

for example, if we consider such a concept as  
that "the nuclear power plant should not explode"  
then let's assume the level of denial of this action  
this is a level that is multiplied many times over  
in your Consciousness

i.e. you can just mark  
that it "shouldn't explode"  
and at the same time you multiply  
the function of Consciousness in this area  
nuclear power plant does not explode

when do you consider strengthening ?  
as we assume the light-optical process  
then you see that it can be transferred  
for any structure <sup>yes</sup>  
for the absence of wars  
on the absence of inequality <sup>there</sup>  
some level of management  
where, <sup>in general</sup>, there may not be wars at all  
because the level of Consciousness  
it's still a level  
as if more logical <sup>and</sup> status of the solution

and here we come  
to the system where <sup>we mean</sup> We are considering  
Action of God  
in terms of, let's assume, conflict resolution <sup>there</sup>  
from the point of view <sup>of</sup> the growth of the function of Consciousness

after all, initially God does not give anyway  
<sup>in general</sup>, even the primary signs  
leading to destruction

hence the element of destruction  
element <sup>suppose</sup>  
well, some kind of <sup>catastrophic</sup> level of development of events  
it is still an element  
where Consciousness does not control <sup>external</sup> processes

it turns out that the task <sup>is</sup> to do this  
so that an avalanche doesn't come <sup>down</sup> from the mountains  
or the war didn't start  
people were not destroyed  
and what we are talking about is that

so that all people are not destroyed  
and not a single person at all

i.e. this is a task completely for Consciousness  
she is, in general, in the ideal sense  
here it is completely practical  
because Consciousness forms  
a person's own body

therefore there are principles of indestructibility  
in general, they are laid down  
as an element of functionality, as it were  
as a rigid management structure

and when you are in terms of this process  
you start to consider  
how to prevent a catastrophe  
it turns out to be only for a total of  
you need to develop your Consciousness  
to the level of external processes, yes  
i.e. to give more control functions  
coming from the level in general more as if your development yes  
to this area

and what to do to develop in the field  
Well, that's a very specific example.  
there is a gorge there  
it needs to be an earthquake yes  
did not lead to further development of the crack yes  
in this gorge

here is a concrete example  
I don't say place for example yes

in order to develop one's Consciousness in general  
to that area  
make sure there is no crack  
then we first of all proceed from the fact that  
what if there is no crack  
this is already good in principle  
because well there is some kind of equilibrium system yes

a man walking along the edge of a gorge  
at least it won't fall yes  
who even walked along this gorge before  
there is already some plus

i.e. Consciousness has functions

as if the primary initial diagnosis of events  
already embedded in the Consciousness itself

i.e. here is the concept of "this is and this is right"  
this is the primary function of Consciousness

and when we speak  
about the concept of let's say "clairvoyance" or "claircognizance "  
some processes of direct knowledge  
then this is generally speaking completely obvious and the closest  
to the physical body of a person  
element of Consciousness

he's just so close to everything  
because it is very closely connected with the Soul

i.e. precisely the level of connection with the Soul  
this is generally enough in optics  
a small layer of the Spiritual phase of the optical

let's assume on the one hand  
we are looking at the structure of the Soul  
on the other hand Consciousness  
and the structure of the Spirit  
having direct contact with God

however, when we speak  
about direct contact  
we say that God is present  
and in correct action

i.e. the action is correct, yes  
fulfilling God's purposes

therefore you can very well say  
that in action is right  
there is the presence of God

when you look at this design  
beside myself  
or how do you look at optics  
beside myself  
then you very clearly define around you  
pole of presence of your Consciousness

so I have now deduced  
as if primary parameters  
as if the physical presence of Consciousness

and yours personally

when you identify  
what is your Consciousness  
is located , for example, in a specific physical place  
is located near your physical body  
it becomes easier to study  
and it's easier to manage, in general

i.e. when I start talking  
about the boundaries of Consciousness near the physical body  
then the boundaries are at the level  
Spiritual knowledge  
Spiritual vision  
they are visible  
at the level of the Soul  
you see the Infinite Environment

it turns out to be a kind of two-parameter vision  
even in general multiparametric  
because you see the vision of God  
How God Sees Your Consciousness  
simultaneously  
but you see it with your mind  
then these are the functions of the development of Consciousness given by  
God

because other structures of the World  
they also have generally similar systems  
such as Consciousness  
in terms of orientation and position in the environment  
diagnostics itself  
self-sufficiency

and the difference is that  
what if there are completely identical systems  
let's assume that there is a stone somewhere in the outer world  
there is a tree or other information object  
it has a finding function  
in this place  
independently of all external systems

no matter  
that the stone is lying, for example, somewhere  
or the tree is also somewhere  
I'm talking about the absolute coordinate system

then a person has

this is an absolute coordinate system  
is in its action in development  
i.e. a person is static in a given place  
because it is constantly evolving

and this is the fundamental difference  
which makes man exactly like God

i.e. a person begins to develop  
from your personal actions  
and when you start to compress this level of similarity  
i.e. to get closer to God  
to His tasks and goals  
then you understand  
to be Eternal yes  
at the level of simple development of Consciousness

this function of compression of the external world is enough  
translate as if  
well like the hourglass level yes  
through some kind of nozzle  
means to translate into a structure as if inverse  
just by the number of actions

what is the difference between a child and a child  
and an old man  
that as if the child is considered to have more of the following actions

if you are an element of the following actions  
you are pulling forward in a criterion manner  
i.e. you set tasks all the time  
then it turns out that you are developing  
accordingly, for example, you become younger, healthier, etc.

and by analogy, we can say by the way  
just in a practical sense, I guess  
that there are many people who put  
fairly long-term goals in general  
are actively working

They are mostly in the seventies  
begin to feel an element of rejuvenation  
somewhere absolutely clearly  
there to the level of about sixteen year olds

as a rule, the element of comparison is associated with that  
that they associate this, let's say, with obtaining a passport  
here is an element of a second passport, yes

if we expand this system of events  
we get a very strong element of rejuvenation

but rejuvenation is still  
then it is not a fundamental structure  
and as if the structure allows you to feel yes  
system controllability

another question  
if a person likes yes  
be there, let's say, at some old age  
and live forever  
no one limits him  
i.e. the rejuvenation function  
it's just a control system

how to make the concept of Eternal life  
in the development of your Consciousness  
these concepts would be real  
from the point of view of any age level of a person

for this you need  
just to get the line of events  
which comes from a person to a greater extent  
as if initiated by the human heart  
it would be in the form of a straight beam  
went directly to God  
to the Physical Body of God

i.e. when you find this structure  
your genetic system  
begins to develop in the same way as DNA in general  
developing, well, let's say there in a vacuum  
somewhere completely outside of you

then yours are molecules and your atoms  
begin to self-tune  
in relation to the Eternal level

i.e. Consciousness can build what I just said  
based solely on optical control systems  
it can be developed  
towards Eternal development yes

the practice is very simple  
beam going to the side  
Physical Body of the One God  
it's enough to find it

at least <sup>there</sup> at the level of reason  
at the goal task level  
at the level of a specific physical body

and when you have a direct connection  
you get control  
going at the same time  
and from God and from your actions

i.e. the structure of Eternity <sup>as if enters</sup>  
in such a <sup>generally calm, as it were,</sup> structural complex

i.e. management levels  
optically silvery, <sup>generally</sup> light in color  
they are so close to you  
what do you see  
that control your body  
control your body  
<sup>then</sup> it is possible for you to implement  
from any point close to you

then it turns out  
what when you do management  
coming from the Soul <sup>for example</sup>  
then you see the level of Consciousness  
already with Soul

I said before that  
what you can see at the Spirit level

when you are at the level of Soul and Spirit  
see the same boundary of Consciousness  
your own around you  
then you perceive first of all  
physical body  
just like a child perceives  
at the moment of conception  
i.e. this is when conception occurs  
A person has this level of Perception

when you start to realize this element  
then the formation of all future processes <sup>yes</sup>  
all future cells  
this is <sup>basically</sup> your own structure  
based only on Consciousness

because at the moment of conception  
<sup>Generally speaking, a person</sup> already has a developed Consciousness

which controls the system of future development

it turns out that a person has a level  
where Consciousness is already developed  
logically it 's simple in general  
although Spiritual diagnostics  
at the same time it constantly gives the same thing

so we can say  
that for example there is an external environment external Reality  
there are some Infinite worlds, etc.  
all this is laid down as a structure  
in general, well, in general, it turns out that in essence, human Consciousness  
where Consciousness is manifested  
namely all the following events

and that's why when i said  
what than a person as if earlier  
here is the moment of conception  
especially since his future is generally clear

i.e. he sees the future  
more positive and generally more stable

because all future events are just for the sake of it  
originally given by God  
logically it is clear

that means that's why when you are now  
you will start doing management  
according to the structure of one's own Consciousness  
and you will start doing this  
so that your events are positive  
try to get to this point  
where was your future  
completely understandable and completely positive  
God initially gives a positive future

and as soon as you enter this point  
make such control  
silver color with transition to gold  
just at this point  
from silver straight to golden

the training is very simple but very

the power there is very serious by the way  
be attentive to the cellular system

there may be elements of heat in the body  
This is fine

so what do you do the management  
I will work with you

when you do management  
move to a creative level  
i.e. let it be interesting for you

the thing is that management  
this is what is interesting

and when you see  
the following management structure  
that's the very interest it leads to  
that Reality becomes manageable

after all, the task is generally one of management, among other things  
and the organization of the inner world

i.e. you should work with interest  
create interest in management  
not just like, well, mechanically, yes  
opto-system control level  
or there for example, some conceptual level of management  
should be

It would be desirable to have control  
and the systemic one is coming as if out of interest in general  
towards you

i.e. if you see interest  
as an external system  
then it turns out that you kind of have it  
as the structure of the external world  
i.e. you are interested in the external process

but if you form it yourself  
you take control of the process

in general, in the management system the concept of "interest"  
i.e. you are interested in management  
you have, well, like, a complex, then that  
when you are interested in what is happening  
i.e. you can participate in it directly

you see that in this case

your Soul  
perceives  
logical phase of development of Consciousness

i.e. the Soul seeing as the logic of Consciousness  
develops some process  
so it is practically implemented  
in the control system

i.e. this is actually colossally important  
this is a fundamental point  
at my level of the Teaching of Consciousness  
where are your own thoughts for example yes  
your own action  
coincides with what the Soul wants from you

and the element of coincidence  
one of the criteria for matching  
is a manifestation of interest in action  
at this level

it turns out that something that in everyday understanding yes  
if you're interested, that's basically it  
not quite a simple quantity for Consciousness

therefore these elements  
once laid down  
or the Creator initially, i.e. the One God  
or you have worked out your own tasks somewhere  
and you need to implement them

but you still worked on the tasks  
from the point of view of the primary level of organization of the World

it turns out that in this case  
we come, in general, to an extremely important concept  
that all external phenomena for Consciousness  
these are both phenomena that come from God  
i.e. originally laid down by God  
and at the same time phenomena  
in which you can take part

therefore control through Consciousness  
this is a management that is essentially  
is a management as if God-conditioned  
and originally laid down

i.e. God

It is he who gives exactly this level of development.  
this can be understood in Consciousness

here we need to make a very clear distinction  
structure  
between the level of Spiritual control  
or for example Soul  
and the level of Consciousness

Consciousness is a quantity with different characteristics.  
and optical  
and according to the characteristics of the speed of control  
management actions, etc.

therefore in my structure of the Teaching on Consciousness  
it is desirable that they do not intersect in conceptual systems or something  
Here, for example, is my Teaching about the Soul  
about the Spirit

when I talk about the Soul  
and about the structure of Consciousness, for example  
I mean what does it mean that it is perceived by the Soul

when we, for example, are able to perceive  
structure of the Soul  
Spirit  
and Consciousness  
then we can create, as it were, multi-variant optics

and here, as you know,  
what I already said about it  
light giving birth to the next light  
and we can therefore create something material  
and practically everything material

because when we talk about light  
which gives birth to the next light  
then we can consider a simple example

how if we take  
let's assume two glow elements there  
let's assume Spiritual glow  
in comparison with the Soul yes  
silvery white color  
located near the heart  
in one static system  
maybe even with some kind of mobility function

and the golden light of Consciousness

that's how we organize  
your own body

Let's start , for example , with the cell located on the heart  
or there on the finger or basically anywhere

we can see  
what contact  
two colors practically  
organizes the entire material cell

and here is the process of organizing  
occurs through the entire healthy human body

here are some maybe unusual attributes  
in understanding the action yes through Consciousness  
that control is taking place  
not for example elementary  
not for example somehow cause and effect  
or there sequentially  
namely through the whole healthy human body

i.e. by the action of the organization  
there must be your whole own body  
or another person in general  
if you are healing another person

in principle this system is very, you could say so  
multivariate  
in terms of communications, in that sense  
what if you organize a cage there for another person  
then generally speaking the control system can be  
and your own body  
i.e. the light coming from you  
gives control, i.e., for example, for healing

when you do  
such a universal management status  
you are approaching  
to the Physical Body of the One God

when you have such an approximation  
then you have first of all your own status

i.e. the closer you get  
to the Physical Body of the One God

the more accurately you understand Him, <sup>yes</sup>  
How do you perceive the Spiritual level more correctly ?  
then that's what you get  
more and more mechanisms  
organization of one's own body

and when you do management <sup>for example</sup>  
coming from you <sup>for example yes</sup>  
towards Infinite development  
it turns out that that element of Consciousness  
which I just showed you  
and which we considered as an action  
this is, <sup>in general,</sup> a necessary attribute

we are our body  
always visible and always perceivable  
in the structure of Consciousness

it turns out Body Perception  
and the very fact of the existence of the body  
this is an element of the function of Consciousness

and therefore originally given by God <sup>yes</sup>  
indestructible Consciousness  
generally speaking as a consequence  
has an indestructible physical body  
if the body is correctly <sup>aware</sup> of itself  
in the structure of Consciousness

i.e. it turns out there is a next level  
awareness of the body physical body  
structures <sup>of a kind of</sup> Divine Consciousness  
given to a person

when a person begins to realize this  
then I gave an example of a certain <sup>kind of, in general,</sup>  
by analogy closer, <sup>but</sup> here it is already more <sup>like</sup>  
a completely remote level of analogy  
you could say that it's a kind of <sup>wetsuit</sup>  
adjacent to the physical body

I didn't say it was just a suit  
those. wetsuit <sup>yes</sup>  
i.e. I meant  
that a person can still swim somewhere in it  
some unusual environment for a person

then here I introduced the concept <sup>as if in general</sup> more a priori

before the experience of this management of other people  
and including to the level of its, as it were, real implementation

why have a wetsuit  
to know

i.e. Consciousness allows one to know without external attributes  
any Reality

and when I, for example, gave an example

Well, this is actually a bit unusual

for maybe many people

concept as "wetsuit"

I meant

what we mean here first of all

that whoever put on the wetsuit knows how it stretches

Anyone who hasn't worn it can guess

and they are basically different, yes

i.e. the universality of the action of Consciousness is aimed at that

what if even if it is given

a somewhat abstract element in knowledge

you can still learn any other system

for example how God acts between

Consciousness

and the physical body of a person

this is how God works

actually a healthy human body

It acts exclusively

just the norm for the body

and the body norm

i.e. He acts like this

that everything is fine with the person, the person is healthy

and this is the Action of God

for this you just need to look

how does this action happen

well, like inside your Consciousness

i.e. how do you realize

this is Action in general in itself

I'm talking about myself again

as a system in general, more knowledge

where is your inner world

as if an informational inner world

### Spiritual Inner World

this is the level where you do the management  
going more as if inward  
here is what is coming inward from external tasks

we often pay attention  
that external tasks cause self-deepening there yes

and in general this is a normal mechanism of human thinking  
make him manager  
it is possible if you simultaneously with this action let's assume yes  
do management  
on self-organization of some processes

let's say you want to organize  
is a voice action there  
informational action by voice

i.e. you say and let's assume the action is like this  
that there is a healing effect  
or the effect of control by for example the Event Norm

then it turns out that you are doing  
creation first of all so  
you organize the physical body first

then you do for example control via voice yes

and then you do the management  
in general, as if by an external faction of Consciousness  
i.e. some external optical or conceptual element

here we come to that  
what is the conceptual control element  
this is where it is combined  
and the action of the body  
and in general we can say that external Reality  
it is also quite developed here

i.e. we can say  
that when a person understood  
that is, contact  
external structure of Consciousness  
and his own level

here is understanding on the border  
of your Consciousness  
and as if an external system of Consciousness

this is interaction  
where well in general you differentiate  
how to control the outer faction of Consciousness in essence

you have to be more careful here  
because in the treatment processes  
first of all, a person must see  
favorable level of development  
their own events

when you are in the process of management  
future events you make  
for example, quite favorable  
then you see that also by analogy yes  
the child sees a very clearly defined future there  
although it is not developed yet , for example, there for the first time  
let's take, let's say, the first two weeks of its development  
from conception  
he sees a completely transparent future

the question arises  
and how does he see  
if for example the level of his reaction is not defined yes  
in the form of eyes of hearing, etc.

and here that element arises  
that elements of Perception are already embedded in Consciousness  
which are almost similar to hearing  
similar to vision  
but they just exist  
in the form of a clearly defined future  
i.e. in the form of signals coming from the future, in essence

and it turns out that if we these signals  
we differentiate correctly  
then these signals are there  
what organizes  
human physical body

from this point of view  
all future processes  
everything that concerns a person in terms of his development  
this is coming from the future  
well, for example, some action  
or some information

or it is often easier for a person  
to perceive it as a path to God

i.e. precisely the level of interaction with God  
as the level of the future

although a person always has the opportunity  
get through the past  
there to consider the structure of past development yes

but for a man who has just been conceived  
just starting to develop  
at the intrauterine level for example  
there are more future events here

by analogy with this  
we can see how it is for a person then  
this means that the exit to God is a past event  
i.e. through the past

why by analogy  
because as i said  
there is a concept well, like some kind of "hourglass"  
some narrowing of information  
where is the transition from one area to another  
it's just your own act of will

i.e. in Consciousness there is a level  
where you can by an act of will  
work simply by analogy

and it turns out that here you can  
in general it's quite simple  
see  
in what way does a person  
having some previous development systems  
can through any system  
go out  
into the system of contact with God

the analogy as I said is true it is the opposite  
but it is very simple  
a child who does not yet have  
organs, for example, hearing and eyes, etc.  
he contacts God in terms of the positiveness of events  
and he knows that God is there for him  
primarily in its future events

also a living man  
Well, let's say after birth, yes  
which has some past events

always comes to God  
because past events  
this is also the Action of God

another question  
behave in past events  
is he there correctly  
from his point of view led  
or from God's point of view

therefore, one can look at the past  
as an element of accumulation  
systems of contact with God

i.e. the person succeeds  
not only future events  
that means they give him a reserve for contact with God

but also any past ones  
the more past events  
the more a person can know God  
through any past event

hence  
from the point of view of Consciousness  
as if it were normal and functioning  
as if it were precisely in the plan originally given by God  
the more a person lives  
the more it should become, as it were, more of a reserve  
in terms of development of the next levels of life

i.e. he has a multi-reserve system

then the question arises  
why is he getting old anyway  
and does not use this system

i.e. why is he, for example  
with such a quality of Consciousness  
just doesn't live forever  
and for example, it seems to have  
some problems, yes, biological ones

this is where it is introduced  
it is precisely the function of human freedom of choice

i.e. in this case a person constantly chooses  
or he any past event

uses to contact God  
to understand this event

in the next action  
and the next action becomes harmonious

and for example if a person has clairvoyance  
then he can kind of do yes  
correct next action  
where is the concept of synchronization with the past  
often already included in the concept  
visions of future events

hence the concept of "accuracy"  
in this case, a person has it in this way  
that these past events  
they form a kind of shell  
well, like a shell on the contrary, yes  
that everything that a person has gone through there  
in your physical body  
this is its shell  
and at the same time it goes deeper, well, it seems to go away  
into its original structure  
i.e. more actions  
leads more  
to the original level of understanding

a person develops  
it is precisely that light of Consciousness  
which was originally given to him by God the Creator

and if, for example, a person thinks  
well, for example, a system of reincarnation is possible there, yes  
in conditions of possible global destruction there  
then it turns out that he can, in general  
Well, from this point of view, consider  
that yes, the aging process is quite normal  
or he sees a system of some biological problems there

if you just ask yourself a question here  
the point is, let's assume, to make a system comparable, yes  
in this case  
why do it by analogy  
if it is possible then develop the system of Consciousness  
and do not do it by analogy  
and as if personally according to my own system  
there to develop for yourself forever

then here another function of Consciousness works  
which is absolutely clearly given by God  
to everyone  
and to which no one has access at all

i.e. a person is initially completely free and independent  
i.e. in principle it is impossible to influence a person in any way  
from the point of view of Consciousness in essence

i.e. he chooses quite well here  
what he wants  
here they kind of exist  
very clearly defined lines  
through which no external information  
in principle, it is unnecessary for a person and will not pass

and that is why when I spoke about the contours of Consciousness  
I also talked about that  
what is the ability to highlight  
optical structure of Consciousness

i.e. to see  
what is external information yes  
what is your so-called internal information  
or the tasks of your Soul  
this is very important in terms of communications in general even

i.e. a more harmonious solution  
from the point of view of future events  
prognosticators for example of general development  
some of your actions

i.e. it turns out that the more precisely you highlight  
the structure of one's own Consciousness  
the more accurate you are in general  
with large quantities of even their actions  
and it is precisely those that are not synchronized  
it is you who has synchronization  
with external level of development

i.e. you can sometimes  
as if many actions not well as not to do completely yes  
In general, you can even do them very quickly, yes  
those that are there, for example, are yours personally

i.e. you set a goal  
but you may not achieve this goal  
if you go to one store

it is not necessary to go there specifically to buy something there  
you can buy in another store

i.e. this is precisely the opportunity  
don't make a target <sup>there</sup>  
not to say something completely  
<sup>there</sup> in words etc.  
this is a multi-variant system  
which concerns that

that you are free to do anything  
from the point of view of conscious decision making

and it turns out that when you choose, <sup>for example,</sup> consciously  
Eternal development  
that's essentially it <sup>in general,</sup> there is no logical way to stop you

i.e. you can completely develop constantly  
if only you know how to shield yourself <sup>yes</sup>  
<sup>well,</sup> how can I not take it personally?  
information <sup>there we suppose there</sup>  
about some biological problems  
there is aging, disease, etc.

i.e. you are <sup>just kind of</sup> building your path here  
moreover  
the more accurately and vividly you build your path  
i.e. you exit gradually, <sup>let's say,</sup> or immediately  
into the golden light  
in some spectrum <sup>let's assume</sup> the glow <sup>then</sup>  
some of the luminescence spectra  
you can say so here in this case

then it turns out that you are doing this  
You also show others the way  
because people understand  
that you do it consciously  
because <sup>in general</sup> it is not conscious  
such a movement is essentially impossible to perform

i.e. a person is always moving  
in the direction of, <sup>for example,</sup> Infinite Development  
only consciously

if <sup>we assume</sup> we are talking about final development  
it could be some level of external influence  
therefore, <sup>in general,</sup> development is implied to be finite  
Well, in some cases maybe <sup>yes</sup>

there is some practice that speaks about that  
that here are several years in one specialty  
then there in another, etc.

and here it turns out that if there is some kind of exhaustion  
in some one  
then we need to move on  
for example, doing something else in parallel

this is the concept of this activity  
synchronizes with that

as a person in general it interacts  
at the level of the deep Spirit  
at the level of a kind of deep status of the Soul  
for Consciousness  
with their internal organs

i.e. each organ has, in general, in essence  
your own way yes  
its development structure  
the person himself has  
as a carrier, yes, in general  
internal systems  
external  
has that level  
that when you start to think about the World, let's say  
at the level in general, as if its depth of position

i.e. the world is located  
in a fairly deep status  
of your own Soul

i.e. you are for Consciousness  
you see the world very deeply always  
i.e. Consciousness cannot in essence  
to perceive the world shallowly in general  
otherwise it turns out that it becomes disoriented

and when you are at the level of Consciousness  
perceive the world  
then you always have the deepest status

and when you want to go even deeper  
you already get there then  
into the structure of one's own Soul

and the Soul is already always  
regulates the external and internal world

it turns out that  
to learn, for example, how to regulate the World  
i.e. well, to put it simply, there, for example, to treat, to manage  
and not to create precedents for creation  
at least there for the beginning of global catastrophes  
then here is enough  
to perceive on Consciousness  
and how does the Soul interact in general?  
with the outside world

and when you already start to see this action  
then you get a fairly simple picture  
there is some kind of internal glow that is located  
generally speaking, first you enter inside the physical body

i.e. it seems that it is located as if  
inside the physical body  
this is a glow

but then you move higher  
because in essence you come to that Soul  
which was originally created by God

i.e. you come to the place  
near which your Soul was created  
By God

when you see  
what is this reflected glow  
this is the structure of your Consciousness

i.e. here is the reflection of the Soul in the external World  
this is the structure of your Consciousness  
for God

when you see optics like this  
and you start to connect this optics  
for example with your events  
then it turns out that God does not do it  
some movements just like that

any external events  
He kind of throws it around  
chain or structure of events

then this reflection is your events

therefore your Consciousness  
is already present in future events

and you just have to pull this thread towards yourself  
future events are quite simple

I'm always leading up to this  
what is needed future events  
to know as clearly as possible

and then it turns out  
what is the concept of "clairvoyance"  
here is a very simple search system , so to speak

in the concept of "clairvoyance"  
it is enough to highlight  
the thread of the presence of Consciousness in future events  
you see everything

moreover, if the thread is still somewhere  
adjust pull  
well, like on one side or the other  
then you get event management

the only question is  
how to manage  
then it is necessary through the structure of one's own Soul  
see how God does it

and look at events through the Soul  
it's quite simple  
The soul always sees  
what does god do

then that's another question  
what if the Soul looks at events yes  
and controls them  
then does she always perceive  
what does god do  
as if in terms of action with these events

here again the concept of process speed control

i.e. if you, for example, are driving, yes  
do some quick action  
You often don't pay attention to external systems

and here is the task  
pay attention to external systems  
i.e. try to see the signal coming from God

so this is done by the Spirit  
which is in the physical body

Spirit residing in a physical body  
controls what God does  
in relation to the Soul  
and to external events

thus I designated in your Consciousness  
and actually found the level of the Spirit  
who is basically the manager yes

here is the concept of the Holy Spirit  
of the external Spirit precisely because of the holiness of the external  
i.e. coming from God

when you find this structure with your Consciousness  
you see that you immediately enter  
into the equilibrium structure

after all, let's assume I give control yes  
in terms of a level where there is a management phase  
which perhaps could be called  
as intelligence manifested in management yes  
by all people  
or each one separately

but the thing is  
what if we look at the concept of collaborative intelligence  
then intelligence as such is the greatest in God

when the intellect of God and man  
matches  
it turns out that we are in harmony  
in relation to His task

and we see the task already, in general, not clearly  
i.e. we don't talk about it

there is a task of Eternal development  
it exists, well, it basically really does exist  
here she is, right there among us  
now yes we perceive it

this is how we perceive it  
by that Spirit of which I spoke  
Spirit in the physical body  
but manifested  
suppose in an external system in the external environment  
well, for example , among you in our hall right now, for example

it turns out that the Spirit  
which is precisely in contact, including  
and is located inside the body  
it is necessarily manifested in the external system  
Necessarily

and at the same time it is manifested  
precisely at the level where God's Action is present  
Well like a very high level of vibration yes  
it's like, well, like, for example, fresh mountain air

when you look  
example, on this system in this way  
that you see this vibration  
i.e. you start to manage  
some sound processes  
processes of action  
processes of the external world

internal there, let's assume, in relation to this building  
control  
that everything around the building is normal  
in relation to each of your cells  
or to you  
towards everyone in the room

then you see that Consciousness also works  
as well as the Spirit  
which you perceived through Consciousness

i.e. it is enough through Consciousness  
just on just on just to perceive  
some control element  
and you start to act exactly the same way

i.e. the system becomes inseparable  
you transfer knowledge almost instantly  
and therefore, according to my Teaching on Consciousness  
the transmission is instantaneous only because  
that you are doing the right thing

you just have to do it right  
as God sets the task before you  
and this coincides with the tasks of the Soul  
originally created by everyone is known  
By God  
then we have, in general, a colossal level of energy  
Well, you could say that  
which is generally inexhaustible

and this energy is located  
only in correct knowledge  
functions as if distributions  
these light-optical systems  
in how God works  
in conceptual systems

and it's all again Consciousness  
i.e. this is a dynamic control system  
this is your Consciousness  
which is manifested in your action

that's why when they say there "do good"  
"do it so that there is more benefit yes  
from your actions"  
then in essence it is  
in general, it is a completely direct work of Consciousness  
and this work is essentially always happening

i.e. if you pay attention to it  
from the outside it seems like yes  
you see these processes  
around you, children often pay attention  
on some internal processes  
as a reflection of the external systems of the World  
but they perceive it as some kind of dreams, as some kind of images

but in fact it is their Consciousness that works  
in the structure of event formation

for a child every event every image  
this is the formation of the future

and it turns out that a person lives forever  
each next level of event formation  
should come down to this  
that even as if an investigative event  
focuses on the level of Eternal development

i.e. to the level of the matter for Eternal development

i.e. it arises again  
case structure for development

and this focus is already coming to that  
that instead of a kind of hourglass shape  
we have a solid cylinder  
it's just a simple way of saying an endless beam of light  
which is becoming manageable already

i.e. as soon as you start  
be able to control this beam of light  
then you can direct it  
just a very simple logical effort  
in some place human  
he will often recover instantly

you can direct it  
this pillar of events  
in some area yes  
let's assume there won't be an earthquake

i.e. you penetrate  
well, or let's say you start to have access  
to a sufficiently powerful optical system  
which exists in the environment of your Consciousness

because Consciousness  
This is the most canonical system  
the most standardized  
from the point of view of management processes

and we also understand the concept of the Soul  
through the form and structure of Consciousness  
but often we become aware of the Soul  
because the Soul is a higher concept directly

just access is the way  
to the Soul  
and Consciousness is something that you always have  
that's the difference

for example what is the difference  
between there and the physical body of a person  
and the physical body of the demagogue  
it's practically the same thing  
the only difference is that

what is the path of man  
to the Physical Body of the One God  
it is a conceptual system

and when you do management for example  
coming from you  
then you see that you, for example, act like this  
like in the history of civilization, yes  
there is an action aimed at creation

well, in general your Consciousness  
this is a value that contains  
some previous experience  
and often contains experience in general as if implicit

i.e. you know that in the history of civilization  
there are some processes there that  
Well let's assume they are described in history books  
they were positive

but there are a lot of other processes that are not described  
just as if it had ended up in the piggy bank of the following events

and it turns out that if you think about it  
all following events  
then the concept of "aging" does not just happen  
no transition form

i.e. you through all past events  
you just fixate on everything  
in the statics of the simple development of the World  
from our supposed calm state there  
i.e. from its normalized state  
from any state of yours  
in terms of creative action, yes

you can basically do nothing  
read a book there  
and you don't age  
for example, you develop civilization  
there in Infinite Development

but for this it turns out that the first level  
it is not generally a necessary level  
but nevertheless it is  
one of the possible levels  
awareness of all past events  
even those that are not written about anywhere yes

nothing is known

that's why the question always arises

Resurrection of all

i.e. standardization of all events

which were, for example, destructive

because that's what it is

the structure is like a platform of Eternal development

for the structure of developed Consciousness

when a person is simply in his Consciousness

Evolving Forever

if a person is in his Consciousness

already learned to develop forever

then it turns out that we basically have

there is a fairly developed system of the World here

because any human action

where there is a completely direct level of freedom of choice

any action is aimed at then already Eternal development

because any human action

still belongs to the sphere of conscious activity

there are, well, let's assume there are some theories and specific practices

where is there

completely different systems for describing this process

but nevertheless if we speak

about the level of Consciousness given by God

then we are talking about that True actual Consciousness

about which, in general, all people speak the same way

including the same

i.e. for example, Consciousness is directed towards Eternal development

all people can speak

"yes there is such a thing, for example, yes Consciousness"

one of the elements of the generalized Consciousness

is that, well, in general, this Consciousness

it is clear to everyone

when you, for example, from God's point of view

you start to look at this Consciousness

then you see

that all elements of Reality

are connected, in general, by completely identical forms

with each other

and one of these forms is human Consciousness

and when you highlight  
from the Infinite multitude of forms  
only the form of human Consciousness  
then the outer world becomes very simple and manageable

i.e. essentially management  
this is not a complicated quantity in general  
from the point of view of my structure of the Teaching on Consciousness

here it turns out to be enough to highlight  
just for the entire form of human Consciousness  
in the Infinite level of the World processes

and this form contains  
all external and internal Reality

the task of allocating only to the total in that  
what you should as I said see  
your own Soul yes  
in this fraction of his Consciousness  
how about seeing her first  
but still distinguish it technologically

i.e. the selection must be technological  
then you reach the solution of all issues  
precisely in a technological order

Consciousness is also a thing  
and Infinite quantity  
and specific, absolutely precise technologies

so you try now  
make the management this way

highlight  
in Infinite level of glow yes  
example , there are many optical elements

highlight simply  
form of human Consciousness  
the shape can be just a sphere

in this area you will see  
all your future events  
make them manageable

as you need  
and everyone gets it at the same time  
that Consciousness is a universal quantity

so do this management  
and I will work with you

try to see the future completely clearly

This management requires  
a very clear vision of the future  
let it be for example very distant yes  
strategic take let's say there 25 years ahead

and find out specifically what you are doing there  
i.e. look at the positive spectrum of events  
at such a distance

try to do it very specifically  
in this management  
because the future when it is further  
in principle it is more stable in fact  
for Perception

at least if you fix one level of Norm yes  
then it's Norma, it shines on you all the time  
and the glow can also be Infinite

when you switch to this glow  
you already have a golden color  
i.e. silver turns into gold  
because you are in the right mindset for just about everything

your body is like a system of settings  
to the task of precisely Divine action

and when you start solving your private problems, for example  
then try to solve them completely transparently  
so that it can be seen  
that a decision was made at the Norm level

after all, a person is generally quite calm  
perceives  
any Norm of its action  
for example, you performed some actions  
You are quite calm about it  
that these actions are being performed  
let's say there in an hour a month and a day

or there may even be several years

and why, for example, is there a difference  
if we consider <sup>yes</sup> Infinite future  
what's the difference here  
for Consciousness there is no difference at all

Consciousness is a very universal quantity.  
which perceives any action  
like Norma  
the action is standardized

and therefore when you are <sup>as if</sup> through the filter of Consciousness <sup>yes</sup>  
created by God himself  
<sup>it means</sup> you start to perceive external events  
external events are normalized  
<sup>generally</sup> more standardized towards you  
come

and you just have to study this mechanism  
then it is enough <sup>as if</sup> a reflection of the external world  
It is correct to bet on Consciousness  
i.e. how to regulate the platform of Consciousness  
and you get Norma

well let's assume that situations often happen  
what if a person suddenly starts to have a premonition of something  
he <sup>seems to</sup> shrink internally <sup>yes</sup>  
and some kind of screen appears on him  
and then the events turn out to be normal

here is this compression element  
<sup>as if from</sup> internal compression it is similar to that  
that a person mentally squeezes his physical body

it turns out that compression  
mental compression of the physical body  
this is Norm control  
i.e. the transition <sup>in general</sup>  
in Infinite status of development of events

because in essence if <sup>for example</sup> it is not considered the norm  
there is aging or, <sup>let's say,</sup> illness  
the disease is clearly not the norm <sup>yes</sup>

aging in principle  
from the point of view of Infinite development  
also not normal

from the point of view of the function of Consciousness  
in principle not the norm

it turns out that here we get  
quite an objective technological level  
as if mentally internal compression of the physical body  
This means it leads to standardization

i.e. what we compress i.e. more concentrated  
in terms of Thinking we make the body  
the more controllable the events are

logically it is so  
God is the maximum level of concentration  
including from the point of view  
of the ordinary physical body of a person  
and He can control any event

therefore it turns out  
that the compression is sort of optical  
leads to greater controllability

at the level of, so to speak, lever systems  
even ordinary and ordinary strength of materials  
this is true

if we consider the border  
for example, as a kind of supporting system  
then it is only worth activating somewhere at one point  
optical beam  
and you can calculate it right away  
what distance can be controlled

let's assume inside the body if we take  
in the projection of the heart  
one centimeter as if along the skin even yes  
conduct management  
then control comes through the skin  
let's say there are one and a half thousand kilometers

i.e. the lines are very clearly visible  
as if in a countable version even  
it's very easy to calculate  
where does the management go

and when do you start  
these are the calculation values to use  
generally necessary to use them

but here it is very easy to determine  
impulse of action of result  
and record where the control took place

you see that it is only necessary to put, for example,  
function of Consciousness  
as a function of influence  
coming from the logical control level  
through the physical body

you see that the body norm  
This is, generally speaking, the first Law of Consciousness  
which is included in any logical impulse

those. any action you take  
always leads to that  
that you start to act  
through the normalization of the physical body

and when is this level of regulation  
still connected ideologically yes  
with a system of universal development  
Eternal development  
Infinite development  
you see that this is the level of connection  
it's already going ideologically  
to the level of interaction with God

i.e. God is a friend  
i.e. He is the one who is friends with you  
It leads to the same place, basically.  
He shows you the same path.

and it turns out that you are moving to the concept  
God is a friend  
for you  
so well for everyone too  
giving Eternal development

you have a very stable platform  
from His friendliness

and when you see it  
through contact with your Consciousness  
then the next life already manifests itself here  
i.e. you can give life

Well, if for example you ask yourself a question

how it works in principle  
reproduction of life on Earth  
naturally yes friendly attitude  
i.e. logical relation to Eternal development  
including God

but you still have to reproduce it somehow  
at the level of Consciousness

and here is the concept of friendship with God  
the concept means His friendly attitude  
this is what gives you the path

i.e. the next level of reproduction

i.e. children are born  
events are created  
and life develops

when you start moving  
from this environment to yourself yes  
to the system, for example, of the development of the inner world  
then you see that controllability of external processes  
this is your natural state  
from the point of view of, for example, even the dormant state of the organism  
there , yes

and in this case  
Consciousness, in general, does not sleep at all  
it hardly changes  
from a management point of view, in essence

just right is enough  
as if in the central correct position  
be located to a person

then it turns out  
that all processes that, for example, require management  
don't really touch on that here  
some elements that need to be restored, for example  
from the point of view that they are restorative

I'm now talking more about the processes of those  
what we need to build up  
and we can increase our own resources  
from the point of view of external process management

so from the point of view of resource growth

Paul teaches that human consciousness  
this is an area

which is as close as possible  
from the point of view of his logical perception  
to the physical body of a person  
so to God  
in terms of the boundaries of Consciousness

here is the border of Consciousness  
this is where God is next  
i.e. beyond the borders of Consciousness  
just God

and when you, for example, give this value  
you start to perceive it as a vector

i.e. the light coming  
from the delineated boundary of Consciousness  
this is the structure of God  
it is God himself who gives this light

then it turns out that the entire outside world  
he turns out to be absolutely friendly to you  
for God created the world for life

and here it is enough to identify  
the structure of development of one's own Consciousness  
Well, well, like in such a conceptual apparatus, yes  
into this real structure of the World  
after all, the concept  
and the real structure of the World  
it's the same thing  
when it comes to Eternal Development

you can see the world  
completely on the same concept  
that is, well, in the usual everyday version  
and without any special conditions  
there are like trance or some special techniques  
in this regard

you see that the whole world  
this is the world given by God  
for positive for Eternal life

i.e. he kind of starts  
have a bulge coming away from you Yes

you spread it  
you create for him, as it were, a structure of Eternal development in essence  
you give it the status of Eternal Development

because logically it is indeed so  
you just have to learn how to convey that  
that you can, for example, master on your own  
or have already mastered it  
then the whole external World becomes more Eternal  
i.e. the structure of the World becomes more manageable  
it will be generally visible to you

those. please note  
what after today's seminar  
where in the lecture part yes  
I showed more control technique after all  
for health improvement  
as an example here  
I took the structure of healing specifically

and when you look at your part of the job  
the seminar is exactly what you are working on too

and considering that I am making the structure of the material  
exactly for the first time now i.e. for the first time yes  
I pronounce these words  
I am doing this control technique for the first time too  
then it would be absolutely not difficult to learn

's say you 're walking  
there is some work there yes there are carpenters  
if a person is doing some work for the first time  
you can also do it in an elementary way

it turns out  
for example, if we consider that any action  
which happens for the first time yes

but it is a recovery  
this is often also a primary action  
i.e. it is necessary to make such control for the first time  
for example, to quickly recover there

after all, this is often a completely unique action  
any treatment is always a rule  
next action  
or often completely different  
from the previous

in terms of , like, further and prognostic tasks  
where the prognosis is always positive  
but here is the action of light in the future  
it could be different

and the whole world is arranged in the same way  
that everything that is created is primary  
it has a primary level of Macroresilience  
i.e. as stable as possible  
which is created as if in real time  
and often primarily

Better if it's primary  
God created Reality first  
and she is Eternal  
and He created it all at once  
and that's all

and it turns out when you start  
work with some control system  
try to achieve this level of primacy  
as well as the primacy of your level of Consciousness

i.e. you get pleasure  
from the development of Consciousness into some kind of system

then you won't be scared at all  
there to diagnose the reactor  
see what processes are happening there  
it doesn't explode

you can work with systems quite well  
which are negative  
but you have one  
this block is like independence of Consciousness  
i.e. screen  
the person is completely independent of him  
as I said  
from God  
from God there is only access in essence

and therefore any external processes  
often processes  
which means that in general they do not radically affect a person  
but moreover they are controllable

i.e. try through the structure  
it means the development of one's Consciousness

manage any system

while doing this, try to manage it like this  
so that you <sup>generally</sup> bring in as much as possible  
what kind of control action

if possible, of course <sup>yes</sup>  
here empathy is all clear

this always happens at the level of the Soul  
The soul always empathizes  
because the Soul has no screen

i.e. you already have a level of empathy

but Consciousness allows us to do this technologically  
in large quantities

i.e. if, <sup>for example,</sup> you project the light of Consciousness  
to all nuclear power plants of the world  
or there on all planes <sup>yes</sup>  
so that they don't fall at the moment <sup>yes</sup>  
or <sup>some</sup> other actions  
so that there are no global catastrophes

one level of Consciousness is enough <sup>in general</sup>

<sup>well there</sup> specifically you can, here <sup>there</sup> I highlighted it  
in front of you  
and you all took part  
none of this is happening now

how to make it so that this does not happen <sup>for example</sup> forever  
just try to build up technology <sup>as if</sup> ahead of schedule  
i.e. Consciousness of the next level  
without haste of course <sup>yes</sup>  
without often there may be some special  
<sup>what about</sup> speed increase technologies  
namely, according to the goal of the task of Eternal development  
it just has to be formed consciously

here I entered this phrase again  
what exactly is conscious  
from the point of view of your free choice

because it's worth it  
you make a personal free choice  
then all this happens and is realized

then it really does happen  
and the development of Eternal Life technologies

She is Eternal Life herself  
it really comes for everyone  
Well, from the transmission point of view, yes.  
further information

but at least if even most people  
masters this technique  
then it's much easier as follows

Thank you very much for your attention

I'm finishing the seminar for today