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The Teaching of Salvation and Harmonious Development
Rescue Technologies
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According to my technology of Salvation and harmonious development
so I'm showing
methods of control through your Consciousness
based on that
what do you mean you use
the structure of your Perception
in order to regulate the system firstly
from the point of view of preventing a macro-catastrophe

i.e. it is meant to implement direct access
at the expense of one's Consciousness
into the event structure
where macro-disaster regulation occurs

in this way you provide access
then to the next level of events
i.e. you create technological ground for yourself
to perform the next action

and in the next act
or often it is a parallel action
solve your own problems

considering that we are talking about the fact that I give that level
which is quite clear
and regardless of, for example, the level of education
level of , as it were, an individual structure of Perception
should be implemented as a universal level

what is of great importance here is that
well , each of you who is engaged
for example, with private questions
Let's assume that these are the ones stated in the list of appeals
Well, these are very specific requests

then here in the method that I give today
If possible, pay attention to exactly that
that such an aspect exists
what exactly is the task of management

in the direction
precisely to prevent a possible global catastrophe
this is a necessary task
because well in the conditions of existence
global destruction systems
the probability of such an event occurring exists

hence
the first action is
action related to adequate response
on probability, i.e. on Reality

and this action is technologically ensured
exactly, well, as a kind of soil
in order to
after the next second
for example, the destruction of the planet does not occur
there is an opportunity for the following action

therefore technologically
management will still be primarily
in the implementation of the primary action
this is control in the direction
preventing a possible global catastrophe

the second action is already your private task

and in this mechanism as I said
there is still a possibility
Well like a parallel level

when you do these two actions
simultaneously
then this is done individually
or is it better to do the second action anyway?
after the first after the level of Macroregulation

considering that the issue at this meeting is about
that you have to solve your own problems
through the methodology Macrosalvation is achieved

If possible, do that
what does it mean at the moment today
Now, literally, let's say lectures
at the moment of the material that I present
resolve those issues immediately

which are set out in these appeals
or you can, for example, formulate them mentally

the thing is that I process and work on all those requests
the first three days will be spent working
from 22.00 to 23.00 daily in the evening
Means Well, every day, exactly on these requests

so then do the work right now
for those requests that you wrote down, for example, in the form
whoever didn't write it down means you can contact me mentally

and simultaneously with this action
do as it turns out, this is already the third step
i.e. the first is Macroregulation
second work on the appeal

and the third is the distribution of, well, technologies
to work with the hall who is here now
and further on those who need it
when he watches, let's say, videos there
or listens to audio recordings
or just giving a lecture
based on the materials of the work, for example, today's meeting

thus technology
in this case I think it is quite clear
from the point of view of the action algorithm

and here we need to add another aspect
that when you are doing Macrotasks
you are here
in a fairly intensive information area
where the exchange processes are
between elements of information high

as a result of this
working through the Macroregulation system
This is also the most effective work
I think she's well there really is an accurate
corresponding
true levels of the state of Reality

so if possible, take this aspect into account
if at the moment of work
some processes will be felt or seen

as very fast processes
take it easy as
to , well , peculiar manifestations in general
work element

so i imagine now
four methods of management
based on your personal Perception

the methods are actually quite simple
i.e. you can immediately tell that they are used
very simple designs
from the point of view of the elements of the presentation

another question is what why simple constructions
can be made effective

because if we
Well, let's consider this question
let 's say acupressure yes
health management for example
happens through, well, basically, influence
to certain points of the body

then in this case, if for example we talk about that
that there is simply
identical control mechanism
through Thinking
to the same points this already goes control

but when you do it on the merits
management information
generally speaking, relating to the entire volume
i.e. this is, for example, the first principle is Macroregulation

then here you get
well, absolutely precise access
to the control system
and thus effective management is achieved
because you work
Well, ideologically it's correct
and technologically here

method element contains
as an ideological status
those. Macro rescue

as well as technological, i.e. place of work

i.e. how is Thinking different, for example
from control through, for example, Perception

that when you do management
this is a special place and a special form, so to speak
expressed

either there for example in numbers
in words

there in bloom

or there in sound and form

or it is a combination of both place and form

so in this case when I talk about that
that work is underway, let's assume, in the space of Thinking
try to work in front of the physical body

i.e. well, really, it's exactly thinking

if you look at it with external optics, for example

which can well weak optics of Thinking
visualize

this will be visible as glow elements

happening in front of you, i.e. in front of the physical body

principle of work before the physical body

quite versatile

when there is no dependence, for example, on some external systems

and a relative element

is well is exactly your physical body

so the first method is that

that it is based on the concept of number

or at the same time an element of the organization of this element

is well, as in Reality, let's say, on the Spiritual level

at the level of what the Creator does

how is the number organized

i.e. there is a very specific

algorithm of work of Perception

in relation to the number

if for example you perceive

some element of Reality

either visually there for example mentally

what you see first

Well, the first moment is perceived exactly like that
as a ratio to the number 1

those. principle of organization
with the number 1

this is the principle of the beginning, the principle of the primary impulse
and the principle is actually maximum speed

so the method that now

I mean, well, I can imagine

in the form of technology of work through Perception
is that you
select in the event area

i.e. you have a management goal and you need to achieve it
obviously, for example, it's there
or an element of healing
or it is a construction of several events

then you just need to select the first element
the first element is highlighted
or, as it were, by the maximum urgency of allocation

this is, for example, the healing of some organ
or this is for example if the action consists of an event plan
because the control system is universal
the point is that you can control any system

you highlight well For example there are three cars driving there
we need to make sure that an accident doesn't happen
therefore you simply assign
the number of each of your cars

i.e. the first closest one
or the car you drove first
first noticed
the second one is there, therefore the second one that you appointed

or any third one
if you need to make management
for example from three events

then the principle of management is that
that the area corresponds exactly to the task
prevention of a possible global catastrophe

and is that area
which is exactly what needs to be correlated
here is a specific number

i.e. you are just like
inform the number of this task
because it is quite an important task
select a stable phase
it is precisely the phase of stability that is this area
initially assigned

thus the area
preventing a possible global catastrophe
precisely as the area of my Teaching
in this case it is designated by the number 1

i.e. you just count
what information in this area
is in number 1

so you highlight the second one
some second fragment there or third
in general, we can highlight
it is best to do up to five units
and the following numbers should be re-formatted as 1 2 3 4 5
so as not to burden the system of Perception
generally work maximum
best in a three-coordinate system

i.e. select 1 2 3 there
or in principle it is possible to work here
Well, actually, according to the three-digit system
in different systems
but this is exactly the sequence of numbers that should be

i.e. 1 is the Macroregulation system
the number 2 is related, for example, to your personal event there
and the number 3 is control

and in this case
the control is carried out in this way
that you are simply fixing
first numbers 1
then numbers 2
by voluntary movement
in the control space of the number 3

achieve management goals
i.e. what is embedded in the meaning of the number 2

the move is carried out
in this case in this method
only vertically

i.e. you move the number 3
well, like in a vertical column up or down
giving a wide variety of speeds

here it also depends on the speed of movement and
and as soon as you see that the management goal is achieved
then you accordingly achieve control

For example For example there is a simple example
let's assume there is a sore throat
it means if a person has a sore throat

therefore, three components are distinguished
Means for example, area and area of the disease
in this case, well there For example

and further if we talk about angina as such, not complicated
then we refer to area 1 as, for example,
to the area for example angina physical area angina

then area 2 i.e. the control goal
this is a principle of simply the health of a given person
we relate to the whole person
i.e. it means that the goal of management is simply healing

and area 3 can be deduced
for example, the number 3 can be used to designate the area around a person
just near a person
how to put a vertical pole
and start moving this number 3
with a given speed there it is infinite upwards for example

and at that point where you start to see
that there is a stabilization of the number 2
i.e. Perception and the number 2 begin to brighten

the number 1 should always be shown as light as possible
i.e. silvery-white
as soon as you perceive that you are beginning to brighten

from the fact that you move the number 3
you get control

maximum light number
this is a complete control cycle

so when you
Well , naturally it is desirable
Well there know the reverse impulse
control the process on the physical plane

and if possible, then do it this way
so that the control process itself still exists
primarily based
on the very principles of light

because in the optical element of Perception
everything is quite simple from the point of view of construction
any element of the World there
even if you look at dense matter
it is structured precisely corpuscularly

i.e. molecular in principle
and this can be considered
[...]

i.e. in Perception you model
wave well there are supposed to be norms
related to such a diagnosis as angina
those. sore throat cured

you are touching accordingly
due to its glow
all external systems
Well, in this case, the principle is that a person is healthy

the second method is that
that you use letters to control
Well, in fact, you write words

and the principle is exactly that what does it consist of
or something in its free manifestation
i.e. you are not limited by the control space

if you think in front of you
in the space of Thinking

then we can generally assume that you are thinking in front of you
but it is not necessary to fix it

Well like very harshly

to all other subjects

and for example, besides the physical body

you have to work again near the physical body

and pay attention as independent work

if the first principle well it still implies

the presence of this vertical column

which gives

some geometric nature of interaction

with elements of physical Reality

for example, I put a pole there

it acts on the table for example

then in the conditions of control through words

space is created well no matter how autonomously it depends

from the elements of physical Reality

except that you are just concentrating

in relation to you

the thing is that the quantity or concentration

number of management aspects

quite an important principle

because any fixation of the external element

this is basically a new management

so if i put a pole in space

we still need to make it a kind of control structure

and if you work with words

in space as if absolute

and dependent only on that

that this level is only near you

in fact, it's actually a pretty simple system , so to speak

it is as simple as possible

moreover, the principle of management itself

it is even more simple

it consists of the following

that you are highlighting the control area

in the form of an event structure

i.e. you see as if Well, you perceive it visually

design

and you understand what should happen in it
in the more distant background

and on a closer background
like just write like on a poster like in letters
write the management objective

i.e. again, if we are talking about that
what do you have to do there for example, to perform some action
Well, go to the store and buy some goods

therefore you see the whole structure
that you are going and this product is there
i.e. it is perceived more on a Spiritual level
as information

but nevertheless it can be reflected there in the picture
like some kind of store yes
then you need to write what to buy there, let's say
there are two words

so the management consists of this
that against the background of some kind of picture of action
in optics this is expressed as if
Well how like a hemisphere concavity from you means

where is this happening
it is the projection of action that is more Spiritual
it's more spiritual in management
i.e. you Spiritually perceive what you
you don't formulate a goal

then you write the goal related to the action
and here is the leftmost letter in the text
leftmost letter
should be highlighted as much as possible well, it's bright
in terms of silvery white color

and denotes the area of my Teaching
corresponding means
preventing a possible global catastrophe

This area also includes
Technology of Eternal Harmonious Development
i.e. there are two components in this case

and that means the right one is the extreme point
end point of a sentence word
this point is exactly it
if you put a period then there will be a period
if you don't put a period
then this is the letter that is
precisely by the letter of control

so the management consists of this
what do you mean you start well as if the phrase itself
the phrase itself
maximally, well, as if compressing from right to left

if you write text there in Russian
from left to right
that's where the semantic level of the text ends
then you start the right letter
just squeeze, as if to compress the letters
so that they sort of bend over there
towards this hemisphere
event-based
Spiritual plan
and they were more exposed well like silver -white color

i.e. the more you highlight the phrase itself
the closer you are to the management goal

the element of control is that
that the phrase is immediately highlighted

it is not even necessary
Well, control all the letters
enough in Perception
control only the first and second letter
and that's all

the method in this regard is quite simple
because you
everything else just creates a background glow
and it is immediately visible if you look at a distant object
and see that it is white
It's clear that you have to look closely at the white
into the form of an object

so the rest of the letters can be controlled
only those

that you just have a third vision
you're tracking, well, you're tracking words

for example, if we are talking about
what do you need for example well cure headache
i.e. get rid of headaches using this method

then at the level of Spiritual Administration
i.e. I am simply giving some examples as an example
associated , for example, with the diagnosis of certain conditions

so at the background level this is basically it
in this case you may not have any event there
i.e. you don't have to imagine anything there

but the only thing
hemisphere
it's like a distant background level
then we need to imagine
and put a sense of purpose into this area
i.e. what is there to "get rid of a headache"

so it's already in the approximate phase
well, what to write in words for example there
the same phrase
"get rid of a headache"

then you have the letter "i" on the left
this area corresponds to the area of my Teaching
to prevent possible global catastrophes

the thing is that when entering this area
you have all the technology methodology
precisely prevention

i.e. you don't need to look for designs
create independently according to Macroregulation
there are technologies there in concentrations of various types
or just in separate information
corresponding to the Teaching

take the right letter, well , that is, it turns out that means
well if it's from a headache
then the letter "i" again
you start to highlight it, i.e. well as if by an act of will
and just shift as if to condense the information

here we are talking only about that
that you are in the structure of the collective Consciousness
you are consolidating the phase of your own management
while doing elements of Macrosalvation

and once you have compacted
got the phrase quite well there let's say
Well as if the phrase is quite light
or just very bright
then in principle it is possible
this is also a method
and self-regulation of self-healing

and as if in connection with this, here I am, on the second or something in this
method
there will be two more methods besides this one
there will be a second one
only four methods

but it is precisely on the second method
try to just work now
by this technology
according to their tasks

it's best to work first
according to the tasks that are presented
still in the form of appeals here

the thing is that I am here in this case
I don't specifically consider it
because it will be well as if my work was learned by heart
regarding work with requests

but nevertheless it must be taken into account
what is the meeting today
a completely practical meeting
is aimed at work first and foremost
for the reasons of your requests

i.e. this is very specific practical work
exactly for the purpose of your today

so let 's continue
such is the work process
right now

i.e. well, all at the same time
each person represents a sphere in front of him
as if some concavity from you
just try to imagine the sphere
and lay down the meaning of management
and also write as briefly as possible

you can write long like this, remember
the first and last letter
as if mentally just write

so they wrote and laid down the management goal
Means as if stabilized Perception
whenever possible when you work
try to keep the control system from moving

here you are working in front of you
work in this place
i.e. don't move there
No one can interfere with this system
because you are working with your personal Perception
where you want there you put Perception
i.e. no external influence occurs

Moreover, you must act
through the direct system
because in this case we are talking about
what are you building because technology always remains
do as the Creator does
i.e. initially
at the level of information growth
non-investigative aspects

then it turns out that you do not influence the environment
you just do Macro regulation first
i.e. well there are global positive systems
you implement
and your personal action

so work calmly in front of you

there can't be that principle here
because you work well enough to say so
that the time interval doesn't matter there
you can do the same, well, as if pressing on a sheet

work as much as you need

time element here for example
you don't have to rush there or try to make it on time
there is some specific time interval to be included

so if possible
then the product with my such recommendations

so they highlighted the sphere
wrote the goal
left letter area corresponding
means the areas of my Teaching
to prevent a possible global catastrophe
there is a combination of many methods of signs

the right letter is highlighted
start squeezing
you start to simply compress the text
try to make sure that the letters you write
they didn't seem to get out of line here
the text is written on a sheet of paper, it is written evenly

and try to work like this
so that these particular letters were just
they highlighted it at the expense of here on the computer you can there
take and the distance between the letters, well, as if pressing
Well, there is a fairly simple analogy here
just piss and that's it

It is desirable that the distance between the letters
were preserved
i.e. you can compress them but not infinitely
there might be at most five times there
don't squeeze too hard
better give highlighting more highlighting

Well, in this way, having carried out the control system
extrapolate to the hall's tasks
here is the next iteration

you are doing the same thing now
but for the task of the whole hall
i.e. all those who are here now

do the same

i.e. you take this sphere ^{again}
just means for example, solving problems of those present in the room

there is no talk there
because you don't have to take it
each person's specific problem
just decide
and the letter "r" is displayed and the letter "e"
then you start to squeeze

who perceives the word clearly
there is a solution all the letters are better
i.e. it is not always necessary to perceive clearly
Perception often works at high speeds
you don't have to take everything in stride
it is enough to understand the ^{meaning}

and here is the next level that I took
precisely to the sphere of the actual Spiritual Administration
where there is actually ^{a kind of} hemisphere

you can now follow this hemisphere
this is the sphere of the Spirit this is the sphere of the Spirit of the knowing ^{yes}
knowing
why does the Spirit know

because you are technologically
the control was made on logic
and shine there, well, if you shine a flashlight
one flashlight shines on another

the transmission of light is a very fast transmission

and you ^{therefore} made the management in this case
which consists of
that the light of this hemisphere
begins to spread to everyone
just for everyone in the room
i.e. the light in the hall begins to fill

if you all start to highlight this sphere
this is basically the sphere of Spiritual radiance
you highlight knowledge of management objectives management
there as if it were my own
and the first goal is macroregulation
what in the next second

there will be no destruction of the planet Mira, for example

and like all these systems, yes
give a fairly slender
enough, well, there is a transparent flow system
organization of space

within which you can already see
forecast phases
can you see some tasks there
we need to solve them and how to detail them
How can I clarify?
so that it would be universal
there is a permanent one

the task is to work constantly every day
Always

and if possible, then consider the system
so that the method itself would be so well-developed
so that you don't have n
for example, there is a need to think for a long time
above the position there are hemispheres
where is it located
what is it attached to

it is not attached to anything
she's just here in your space of Perception
without regard to the boundaries of Perception

because sometimes I give the boundaries of Perception
as a special technique

in this case the point is
that it just sort of hangs in front of you
such an optical design

from the point of view of analogy analogies
the thing is that the hemisphere principle
hemispheres were formed there
like the opposite action yes

Well For example there is a verbal system
form organizing the word

then here you can even find the reverse process

why is that this is exactly the system
represented as a coordinate control

just for homework
when you have time, work on it yourself
over to analyze
why exactly this connection
hemisphere
and words are written in relation to it
or events happen there first

and you can even determine
where does the Spiritual Element work
i.e. to determine
optics of the Spiritual Administration
and the optics of logic
because I have clearly separated them here

logical phase you write
optics is what you draw
in the form of, for example , this Spiritual hemisphere

the next method is
what do you do
means control by color

so here the principle is quite simple
just for nothing
two seemingly infinite plates are taken
that stand in front of you

and the color of the more distant plates is assigned
any color can be silvery white
It is better to use light colors

therefore , more distant from you
like, well, endless plates
and I will imagine the meeting like this
you can see a piece in Perception like this
and just spiritually know that it is infinite

here is the principle of replacing optical knowledge
Spiritual knowledge
it is clearly shown here

this plate corresponds to the area of the Teaching

to prevent possible global catastrophes
and the closer plate is the area of your task

i.e. the second plate can be simply
for example, take the appeal here
which you just kind of imagine

but in working with color
better not to work
that's exactly why you see the letters
i.e. you must have the sheet information
invest in a goal

and here is a closer picture
this is actually simple
that's exactly the goal as if that event
which is necessary for it to be realized

so the principle of management itself is that
that you by force of will between the plates
you start to build a trajectory
the beam is reflected mentally
from one region to another

he seems to have it constantly
some kind of reflective system
as if the plate is considered to be opaque
then basically all the energy
accordance with the information of energy
it just moves from one plate to another

and here is the principle of this management in general
create as if so many mutual internal reflections
i.e. track starting from one beam

let's assume there is a plate closer to me there if it is green
further there is blue
you can work simply in silver color
in silver-white just then
follow the beam
which moves inside the plate

and how would the control be carried out in this way
that there should be such a number of signal transmissions
between, well, these two plates

of a kind of connection would begin
i.e. compression of two plates
and the distance between the two plates
it would be minimal there

here is the effect of control
in giving a large amount of as if well or what?
mutual reflections of two planes

in this case the control element is that
that you start tracking the movement of the beam
from the point that is closer to your heart
on the left side
and the beam movement starts from the plate
which means Well, it's closer to you.
those. from the management goal

so if we consider this principle
for example, in management
well, let's assume events there is a social plan
i.e. you need to make sure that social tension
you saw something there on TV
you need to do it like this [...] in some region

for example, as if a fairly global type
here is an event
and you can work here
with a fairly large layer of events

because it works here
what in principle
after all, the very concept of "color" is an infinite system
she is more accordingly, as it were
in the level of spiritual development of a person
Spiritual or optical ?

and therefore working with color
using some kind of vertical plate form
says that you can cover
quite well global events

and then everything is very simple here
there is a more distant plate
this is the area of my Teaching, well, precisely in the area
to prevent a possible global catastrophe
as a system of sustainability and a system of technology

a closer task is regulation there
which exists precisely as a task

and your task is to establish semantic systems
i.e. and having informed in this way with flowers
you can just use one color
silvery white

start beam movement

here is the principle of management:
that you must first select a point on the plate
closer to yourself
and start moving the beam

at first the movement will be slow

i.e. at first you are like, well, I don't know, rubber is like plasticine
you begin to pull and connect by force of will

then in the process of the following actions
from that point and from the other
you'll just see what happens next
self-reflection of a beam
i.e. it begins to develop autonomously
a certain self-organization is created

and you just move further away in Perception
from these two plates
and then you basically get just that, just
it's exactly the effect, as it were well, mutual aspirations

and that's how it happened like two plates
became as soft as possible
management is in progress, which means it is maximally implemented

i.e. the principle of brightness is in effect
this is the principle of management
well, i.e. you can just the following control
start over

if we are talking about what is needed, for example there to heal
let's assume there is such a process
like a broken finger for example yes
the construction can be quite painful

in terms of Perception

here the management consists of
Well , first of all, the remote plate is clear.
it is the same in terms of information

and here's the one that's closer
we need to make sure that it doesn't happen
first of all, let the fracture heal
secondly, to relieve pain and swelling , etc.

and that means implementation
that's exactly the movement inside
this is how it is meant to be distributed often
like the shape of the trajectory so that it is optimal

the form of movement of this internal impulse
reflection pulse

you can just imagine this finger or there hand
and concentrate on this finger
and move as if straight along this finger
well, like this system of reflected light

this way you can be more precise, or something like that
outline positions
in relation to what to do management

i.e. sometimes there is an increase effect here
the effectiveness of this method
is
concretization of some event structure
inside these plates

let's do the same thing we did then
there in method two so to speak
control by letters

that means to a greater extent we are doing it now
in relation to your same tasks
to a greater extent I have already said that in the second method
letters work more

means what concerns the method that is now
do this every one just in front of you
make these two plates

mark the places you like best
here you have to choose

by the way
there is another method of control here
the approximate plate can be changed by color
This is also how control occurs

i.e. here is the principle of the accumulative type
that the color change and distribution
of this reflected signal
increases the implemented system

i.e. well, the more options
the greater the control effect

then you just do this control now
i.e. the more distant plate is marked with color
this is the area of my Teaching
to prevent a possible global catastrophe

the closer the plate will be to you
again, you can simply arrange the sheet
but if possible, do not fix it
here exactly by letter
just paint it with color
what can you write?
and can you say that this sphere exists
Well, there is a goal to solve this problem
choose the color you like best

and how would you start working due to that
what do you start tracking
try not to rush

when the beam moves you should see
how does the beam spread
how it comes from one plate
is reflected according to the Law of ordinary physical optics
and starts moving further

i.e. try to concentrate
here the process of concentration is that
that you should first of all as if the organism [...] of this beam

secondly, try to move in this way

that you control Perception precisely movement
because management is at the beginning

because it is often enough to track
only the first impulse of the beam development
and you have already done the management
This is especially important when
control must be extreme i.e. fast

so it is not necessary to track there for a long time
how long these plates will hold up
these elements are the following speaking
in a full management cycle

but according to technologies, for example, Salvation
from a possible global catastrophe
it is necessary that often one of the cycles be the control one

so just work through it
you know when you do management
keep it in front of you
this peculiar picture
don't move her thoughts

and control from the chest
the optics are glowing a certain way
from the heart there from the work of the brain from the cells of the body
work within the framework of the highlighted system

and try not to move the plane itself
the movement of the plane itself does not mean anything
you work with color
the plane is just a selection
giving characteristics to color
the color must be contained somewhere

it more clear
and plus
the mechanism of light propagation is laid down
after all, the same thing is light as a carrier characteristic of color
it turns out

it is the connection of these systems that gives control

so work with plane with planes
but don't move them

they are, in general, not material
i.e. we are talking specifically about color
why is the level infinite color

we are talking about what you highlighted
the realm of just logic
and the outer part was replaced by the Spiritual Plane
because of the knowledge that the plane is infinite
that's all

and therefore try not to move the plates
they should stand firmly after all

because if you move them
in fact the control will decrease in speed
because in this case the reflection of the beam will be different

the thing is that those optical laws
which work in the optics of Perception
they are completely well often individually as if
they seem to work in the space of Perception
but often they intersect in the law of ordinary optics
which is visible to physical sight

and therefore this is where the substance outgrows
exactly the substance for example yes
as we see
when it is manifested
this is basically a border system

there is a system of wave organization
and this is precisely the boundary system
this is a system of outgrowing

therefore the Laws that concern Perception
they actually have a direct connection
with the Laws of Ordinary Optical Distribution of Light

that's why you can control it
well, for example, there with infinitely high speed
at any distance, etc.

because the work is going on to a greater extent
often as if with a coordinate limited system

as a result of this, this is how it really is

when you work only in Perception
it again has no effect on you

work calmly and do it
so that the management itself
it was carried out
in the form of, for example, still to a greater extent
in the form of something like this
more or less static system
which would still be more or less
some given parameters

because if you start to frame the parameters
you seem to be losing counter-control

so in order to exercise control
most intensively
try to do it i.e. do not move the plates

and try to start definitely start
from the fact that you start the movement of this impulse
from the closest plate

of course from a large as if from a removed plate
the light is coming to you
it also forms the primary impulse
but you have to highlight the point
where
the movement of the first pulse of light begins

so then they just worked it out like that
to put it into autonomous mode, so to speak
so that these rays reflect back
gave a compaction phase

just work through this moment now
Work at speed if possible
no well as if you don't come in, well, as if
like that deep or something
meditative concentration

because we need to achieve
the goal is management
events must be achieved
i.e. we need to achieve the goal

the concept of "meditation" is a rather special thing
it is often, as it were, a special purpose
i.e. not to meditate for the sake of meditation, for example
to have a certain feeling
aspects of meditation

and in this case it is not a structure of meditation
it is a concentration based on achieving a goal
by means of the fact that you manage by simply
such a simple element
how so like a similar element or something
in relation to the structure of the World

Perception light aspect of Perception
this is a single type element

you control this element
your goal is to manage and not to meditate

so if you for example do management
Well It's better not to dive at all
in some special states there
because you still need to be able to do management
so that in general here
Well how the goal would be realized
Well like on a logical level or something
to a greater extent

although now as I explained there Spiritual
aspect for example in the second method

you can use the output control from the Soul
i.e. to work with the Soul
but there the forms may seem to be somewhat erased by the controls

so again to the point that it means
let's do it again just the next one
let's repeat
in this method we simply repeat
management again according to your goals
for your private purposes

Remote Plate Macrocontrol Area
in the system of my Teaching

the closer area is your target

and start this beam like a ping-pong ball there
but it's just like a ray
you have to see how the segment is here
not like a ball but like a segment that goes
from one point to another
then it seems to be reflected in another

and try to achieve control
already in the first iteration, i.e. in the first segment

what does it mean to achieve
highlight as much as possible there
these two plates or something like that let's say
for myself
so that they glow very brightly

it means because it is a diagnostic element
here is the glow
it means the closest and the most distant as well
including plates

highlight
try to do this in the first iteration

if in the first iteration it is visible somewhere
that the plate is not illuminated somewhere
keep the beam moving

i.e. the second step yes
work on step two

and then just after the second third there
they usually start to appear here
these control points
and begin to diverge as if chaotically
according to its own certain Laws
the adhesion of these two plates begins

the thing is that there are certain methods
Well as if in Perception
which work just like a Law
even tougher
than the Law of some physical systems manifested there

so be careful here
this design it is based on
Well as if on the Laws of connections
information Perception
And
information of physical Reality

this way you can very quickly
influence physical Reality

for example, you need to do something there
some kind of quick cure for example
then it's quite simple
simply means to imagine the goal, i.e. set the goal
in the nearest plate

and often even the task of the goal
due to reflection from a more distant plate
gives an immediate effect
i.e. here as soon as you work out this method

try to practice any method
as efficiently as possible
i.e. several or a large number of times
find nuances
keep some protocol of method development
in such cases, what should you pay attention to?
so that it would be a universal system

i.e. it is desirable that each method
was so well-rehearsed
so that it already functions as a universal system
in any situation

and when you well you'll finish it there
up to a certain universal feature
try here for sure
Well, I guess I should remember to use it periodically.
what is this macro regulation system
as if helping others too

and now do it in the hall
this is the control element
that the task and the hall are located
in the plate in front of you

just the tasks of the hall

they are basically to a greater extent
are set out , for example, in the management's appeal

there is a task that is not stated
i.e. it is simply the task of all people
which are located here

maybe people don't know there
what problems might they have
state and the solution to this problem
into the plate that is closer to you

Well, it's like a joint creative process
he often finds more than the number of solutions
in relation to that
that a person himself may not control
such situations
when is the hall open there
by solving a free number of problems

then the solution to even a personal problem
it turns out to be better, it speeds up
becomes often much more effective

so that means when you made this control
every twenty minutes start right now
move this beam inside
between two plates
already according to the solution of the hall's tasks

next element do it very quickly
try not to even break the cycle
go to management in general for all those
who will use the system
in general all over the world there

it's just that a person is walking somewhere in some country
here, point this control at him
maybe he has some problems

and make the control through this screen again
which one is closer to you

i.e. the screen can instantly change shape

well, like, information, yes

Hall tasks

then tasks then for example Macro level

and at the Macro level there is only one person
who needs help

somewhere there, let's say in South America, is located

and the situation is as follows

that here is a change in the screen's awareness

often in today's system there

shades of white even

and it turns out that due to that

what can you change

color management content

you can actually achieve

Well as if to a very high level of management

i.e. to achieve a high level of management

in such a way that it's simply just

you will learn to change color

and you will immediately understand

what is inserted into color management

and in conditions when you need to quickly influence it is not easy

and understand the system through management

the more you understand

the more the control space opens up

the more you achieve

This system is very effective

Well, in this regard, what does it give in general?

well, actually, sort of

the principle of maximum access already and therefore

that with practice you already learn simply in the state of color

because it's the outer plate

This is a stationary system

she is always in one place

it is the same color

and here it turns out you have to learn

control everything in principle

one element

so when you kind of do the management
through Spiritual control
there you can better, as if everything is very easily controlled
just fix even some ray trajectory
where is there a solution
starts to stick to the plate

and then just adjust the color
in the nearest plate
then you can, as it were, due to the shades of the plate
constantly increase the maximum control effect

For example there there, well, it's constant there
improvement of any disease
constant improvement there in the development of events

and in memory there is only just
in control memory yes
hold only one plate

it's not even a plate
and the color is simple
plate then it dissipates
you just work with color

this is the most natural Perception is built
through different colors

you built it like this let's say

so there are no problems here
this is already becoming a very simple system
reaches the level of the Spiritual, or something like that, the level of realization
when logic becomes a Spiritual state

then color regulation
it happens in a spiritual state or something
and simply the state of the Spirit is control

i.e. you get Spirit is an instant reaction yes
including predictive, i.e. preventive, reaction

it turns out that the light of the Spirit passes into the events of the future

and then you learn how to grow your practice
Well, how do crystals grow there?

as if depending on the growth of the crystal
there are such properties of the crystal
what do you get there?

For example as if one property at one distance
on the other hand, these are more significant properties
which already accumulate all the previous ones

it's the same here
the further you illuminate the system
in future events due to this training
the more prepared you are for possible events there
for example, even remotely often
and you can influence them in this way

i.e. this system including
predictive management system
that is, it is the system
when predictive control is used

the next method is
that you use control
This is the fourth method
means form and sound at the same time
i.e. it is at the same time a synthesis method
where form and sound are the control system

so the method in this case is again extremely simple
is that you are in Perception
you only allocate to two areas
it means the inner point of a small sphere is the outer one
in silvery white

then you give meaning
areas of information
the relevant area of my Teaching
namely, the prevention of a possible global catastrophe
this is the outer sphere
and there you still need to turn it on
the area of the Teaching is precisely in the external sphere
about Eternal Development technologies

and the inner sphere is the sphere of control
well and also the sphere of your events

i.e. you seem to work more on the Spiritual plane
because [...] it is necessary with the Spirit

i.e. this is what you hear

you should be able to hear the sound at that level

Well there, with the receptors of Spiritual Perception, so to speak
and not logical

and with logic we only draw form
where control takes place, as it were, on a mental plane

if we well we do it there by the way in this case
you can just do the digitalization next to the video camera
see from the outside
what's going on in the optics in this weak optics

it's visible right away
like the body itself
it comes mostly from the heart
this is precisely the Spiritual line of control
i.e. it is simply visible as something special
well, maybe a silvery, somewhat sparse glow

while optics can be checked
in terms of this specific sphere
first second [...]
i.e. the logic is denser and more stationary

The spirit is a mobile system
one must be able to learn in Perception
find exactly that after all
what glow corresponds to Spiritual management
optical in general

what logical

and what is the work of the Soul, i.e. the glow of the Soul

and here we can very clearly identify
what does control mean i.e. that's when we say
what do you control
there by volitional control

here the control is by the Spirit
i.e. the control itself is visible as the movement of the beam
this is the work of the Spirit specifically

thus appointing

the outer plane as a Macro plane
the outer region of the sphere
as the sphere of Macroregulation
in the area of my Teaching

and the internal as a region means management
and the area of your events
this is where they are together

the task is to somehow saturate it with sound
at the same time, in general, you can still work, well, how
the work should be carried out in silver - white colors
and you need to paint the sphere with color
there in light colors

need to be saturated with some sound
just even the melody by the way

Often she may have paid attention
that when a familiar melody is played
she starts to help in some ways yes
it's related
there is an internal state of the Spirit
it discharges there
it is clear that the pictures are eventful
are getting better

at least the state
after all, this is also a human condition
this is generally speaking a reaction system
well, including possible events

if the melody leads to the best
therefore, management is underway

so if for example it means to do
this is on purpose
i.e. well, create a process in this way
what was it so that it was a systemic process

you get a very accessible simple form of management
that's all there is to it
that by selecting two spherical shapes are obtained
Means as if you were listening to a melody
inside well between these two forms

i.e. listen, well, how can you consider that it works there?
some small dictaphones there
or some small column

it works precisely between two spheres

and you hear in this place
i.e. if you go beyond the outer sphere
then the sound will be less audible there

so in this way, simply putting in even sound
not necessarily a melody
and some intense sound for example there
high intensity there high notes low you can

each one allocates for himself his own management, so to speak
you are still managing that
that you change the size of the inner sphere

i.e. you bring the inner sphere closer
you can just zoom in on it
and watch what events are happening inside her just

and changing the size and as if listening to the sound
i.e. being in the inter-sphere space
in this case you can find
in inter-sphere space
as if in his Perception
and listen to some melody yes

then you just regulate this melody
act in such a way that this sound is the controlling one
outside the size of the sphere
you control the event at the same time
in this in this method

i.e. you can just see what's happening
how is the healing of some cells going there
how does event regulation occur

and in general how and where can the melody be placed
i.e. where to move this column conditionally
although the sound there is quite good in general

by the way the effect should be the same
as well as on the physical level

you are entering between two spheres
suddenly the music turns on

the effect should be basically the same
when you hear well So let's say
it such a fine ear
well or most likely it is precisely Spiritual hearing

so well like an internal melody yes

what is very important here is what you see here
the correct work of the Soul very clearly
i.e. the optics of highlighting the event inside
this is the work of the Soul in fact

i.e. when you will differentiate later
what is the light of the Soul i.e. how does it enter
you can see on this method
where does Soul work

here the Soul works in that
that this is the area in which the event occurs
this is the light of the Soul
in this method

because well there is such a term that says that
for example, that "the Soul sings" there
[...] if you think about it and identify the structure
there really is a song of the Soul, you can see the optics there

the optical phase of the Soul is very clearly distinct
A Well as if it had some absolute coordinates

for example Spirit has an optical phase
where each photon is conditionally yes
has an infinite speed of propagation
photon in the usual and physical sense
but transferred to the optics of Perception

and the Soul there, as well as the speed there, is infinite
and the element of Eternity
and as if all space is concentrated in a single point

there is like an element of light, it is multifunctional
that it is infinite in speed every time

it is also maximally concentrated
i.e. contains all event elements
and at the same time it still has a form
i.e. some static form

therefore optics is the optical system of the Soul
it is very clearly revealed
if you happen to walk along it
well, how to go inside the body
you can see it very clearly

how is the body organized in general
how it is built by the Soul
at every moment, moreover
what element of action is happening

and here it will be very clear right away
how is the knowledge of the Creator transmitted?

what to look for to do this
as the Creator does
it's like a glow that goes a little to the right

if the entrance is from the heart side yes
well, how can a person look at a board ?
and just write out the knowledge that is needed
for example, for self-regulation
in order to manage there, etc.

and first of all there is always knowledge there
about exactly how to prevent
possible global catastrophe

there this knowledge is absolutely clear
and at the same time the actions are very tough
since as a rule the control system is unambiguous
it is always achievable

here there is a certain angle
how to find entry point

when the system is always reachable
that's the point
preventing a possible global catastrophe
because the work will be achieved

and here is the location point
she is absolutely specific
and by the way, it is the same for all people

and as if and therefore it is possible as if
have a quick appeal to the Soul
knowing the point just yes through the place yes
Well let's say as an effect on the reaction of the Soul

as if Well, maybe use the structure of the Soul ?
in order to do the most effective work
this is management

so in this management
you can still

the main element is also
selection of the optical parameter of the Soul
quite an important characteristic
talking about that
which as I already said
there is optics as Spirit
there is a logical phase of Perception

but in this case it's optics
i.e. how do you perceive in Perception
own Soul

so now we will make the control as follows
considering that I, well, in this case, kind of showed
this is the level where there is an exit
namely factions, well, practically Souls
in the light sense
in the optical sense

Well, I need to take all your questions
and work it out in this way
that this method also works
as a method that allows you to work with your Soul immediately

i.e. there is such a form
they already have infinite properties
and as if the sound has absolute characteristics

i.e. work where form is not important
the main thing is to have a glow yes

you just put it on the outline
where is this, well, you see the exit there, for example

as if the glow of the Soul
and put it to your style there for your management goals
in front of you

Now try to work with your Soul
right now with my goals
the principle is simple

you have worked through Macromanagement
now work on private purposes

but since you came into the light precisely as Souls
see where the Soul works
and this is the most effective in this case
system of work
as a rule, work with the Soul
This is the most efficient system

and here immediately work with the Soul
start working with your Soul
this is a somewhat stressful situation
start working on your private tasks

just work
I'll watch

try to do this again whenever possible
take your time, i.e. do it calmly
because you work in your own Perception
i.e. it is up to you to work for as long as you want
as much as you want

and in this regard there is no need for example
to force something
the more systematically you work, the more
this means that you work more precisely for the purpose of management

another question is what is the purpose of management
some subsystems are possible
then you need to increase the speed
just to implement control in these subsystems

next iteration
just spread this work
here make such an element
as a result, spread
for the whole hall for all the people there

i.e. don't even enter into the technology
here you have a famous element
you have worked out your system

the principle is universal
they just took the principle and showed it to everyone
and that's all

and this principle begins to operate on everyone
you don't even have to bring it to this point

there is no need to distribute it somewhere specially
there is just a task to extend it to everyone
took distributed

because in the principles of management
according to the system of Macrosalvation
It is very important to pass on such knowledge

and by the way, the more people
they will be cured and restored from this
or the more people will be saved
by the way, personally the one who passed it on
will have more opportunities
already do the next level

and therefore [...] the preceding element
i.e. it turns out to be more protected then

it's a kind of skill
the more you work
that way you are always, well, more protected
Do you have a higher level of mastery there?
and it's always better than not having it

that's why you are according to the system of Macrosalvation
according to the Salvation system
from possible catastrophes

[...] first of all
[...] on the element more on Spiritual work

means any situations
which could lead to a macro-catastrophe
this is exactly your private practice on your events
specific there daily constant
here it is in you at the same time a working off
this possible readiness

i.e. of course it's better not to allow it
approximations
hypothetically there is some problematic event there
from a Macro perspective at least there are problems for everyone

well if there are some undefined systems there
are happening
even if not Macro problematic
You always have to be able to cope on a Spiritual level

so when the Soul works
The soul basically has
this control apparatus
and often even the appeal already has a controlling effect

so this is the time you treat
as to the method where else can I work
and Soul
just kind of already kind of Well virtually infinite form
the form is endless
it is the form that is infinite in this case

because it was initially identified
final logical phase

let's do the management next
at that logical level
in which I outlined this method

i.e. build these spheres in front of you
there, well, the radius is different, a small one is better
there are about 2 centimeters, for example, 3 small spheres

the outer sphere is the sphere of Macrosalvation
in the field of my Teaching
the inner sphere is the sphere of your events

you can just sort of roll it down
[...] like take everything [...] throw it all away

so this sheet is inside too
all the events are already there
no need to remember anything
it's enough to just fold the sheet
put it there mentally

so as soon as you did this action
if down then the thought of control that is now for example
added inside

Well, you can go there . basically any amount
goals to put
the main thing is to track it correctly

so they highlighted the inner sphere
and now [...] try well how to give sound to a melody
how does it mean that you are more originally
so what do you think, you don't bother anyone
each melody if you listen to it [...]
enough as a general [...] work is created
She's quite like that by the way
interesting in terms of exactly how the melody works
very harmonious

so if for example let's assume to do management
also moving the form, i.e. moving the sphere
then in principle it is clear what is actually
it is always possible to achieve
management
the main number of actions

if in one action
you achieve the illumination of two spheres
in relation there to part of the work yes

then here's acting well there many times acting
there is always a system there

I just had cases
when methodologically some of the patients
were cured of the most severe forms of diabetes
and they were such that there was a long-term dependence
for each dose

and simply due to intensive work

I just know
This patient simply worked constantly.
he healed quite quickly

i.e. everything is so there in that case
in that case it was specifically all down to
only in the amount of work

and here in principle if such training
let's assume to do it constantly
then firstly it is good practice
secondly, pay attention anyway
how does the quantity go well as a matter of fact
as a result

i.e. if you highlight the problem once
the second time how to light it then

i.e. for example you have put in control
took and abandoned control
they highlighted it and that's it

and what is a leaflet like ?
after all, there is information on the sheet of paper
well, there is some more general information

Next time, be more precise in your management
i.e. try to be more local, like [...]
although [...] a leaflet is often the solution to the problem

but it's better to decide on the merits
i.e. to see the essence of the problem as a whole
i.e. to be able to connect the dots of the problem
and points of possible control
where the optical rays seem to appear

and have an impulse as the pressure goes to the heart
and here is the impulse of understanding
i.e. you understand , well, you understand deeply
state
question

and then it is absolutely clear what you should do

this is the concept of depth of understanding
when you are in situations

well, you deeply understand the necessary state, for example, yes
understand deeply
so this is where the state comes from

It is possible to do this by doing the work several times
the same issue
the impulse of deep understanding clearly begins

and the impulse of deep understanding
this is basically the same technological impulse
it's just this glow coming from the level of the heart
but coming already from the Soul which organizes the heart

because the light of the Soul
he organizes physical space
and well, including the physical body

then you are in this kind of deep understanding
you start by simply moving
a ray coming from the Soul
solve the problem immediately

i.e. understanding gives a solution

and then you will understand on the Spiritual level
gives a solution immediately

quite common for all practitioners in fact
it's just a more distant aspect further
I am now speaking from an organization closer
closer to the body this is the primary organization of the body

then the understanding goes a little further there
there are 2-3 centimeters, this is already more work
through understanding

but there, for example, there is no longer a system, let's say, often
that's exactly what understanding itself is
it just might be, well, like, some [...]
has a stable form

when you get closer
you have a tool

so but when you get really close yeah
you are building a physical body

physical system construction which comes from
well including from your Soul

Creator well as if I structured it this way
your Soul
that the Soul can always create a body for itself

and therefore it turns out that the closer
the more rigid and correct the system you have

because the reflection there is already like that
The law of reflection of the human body shape
due to multiple reflections, for example
also gives a control effect
and restorative

and it turns out that well, getting closer to yourself
you have there
Well, are rigid systems more stable?

it is known that some distance is there
in front of you
the main thing is you have to choose there
centimeters how much fifteen-twenty for you

because if you get too close
again there is dispersion, well, as if in the other direction
body structures

optics are starting to develop
towards building a physical body

i.e. you can literally start moving the optics
to yourself
she starts moving [...] into digital
[...] in quantum systems captures quanta photons

you can clearly see how it starts
to create a sphere you must already be [...]
and if you zoom in it starts
as if this energy is unique
optics go to the construction of the body

have to keep concentrating
so that the sphere, for example, would hold up

so the task is to find the optimal point
between dots
where the optics start to dissolve
at a point which is prolonged as if

to a greater extent it is
management through understanding

understanding is introduced back into the sphere, etc.
but strictly speaking this is no longer a control structure

therefore, determining the location of the control structure
from the point of view of external design
quite simple
the resorption is getting closer
as if optical phase

then it's like
well, how is the environment weak enough ?
in terms of the management aspect
i.e. it is directly felt as a rarefied system

so it's kind of an option
why exactly near the body
in some boundary system
why exactly does management happen
because control is given at some point

but when I give methods where words are used there
or forms
I make the point universal

that's why you can kind of connect
universal point
With
place

and if you find a place
via universal control point
in general then you further strengthen the control

because I sometimes do management
for example in well as if in an absolute sphere
there in the space of Thinking
you can think anywhere
at least there in this star galaxy, generally speaking

but if I give the exact location
therefore you think exactly in this place

and just like when [...] when you think
you may not control the process

i.e. take information from the whole world yes
and where is the area of your Thinking?
where the optics of your Thinking is illuminated

if you take and scan
the whole picture of the world
it is quite possible to get there
to one of the galaxies
where it is most actively displayed
for example, a thought form

so as if for some control systems
it doesn't really matter
the principle of the greater Spiritual plane occurs
where optics don't work

and for those departments where optics work
we need to find a place

and that's why well I told you the place
for example near yourself
the method itself contains, generally speaking, fixation in place

n't exist here
like this is the principle
what when you work a lot
you are working towards a certain universalism
further on, often the place no longer has such a special meaning
because it seems to arise automatically

on the Spiritual plane you remember it
when you work more
together with the corresponding remembrance of the Spirit
that's all

The spirit remembered
and you are already working as if you found yourself
more comfortable place and that's it

the main thing is that you don't have to look there specifically
reserve there, compact the system, etc.

that's why, if possible, by all these methods
try to practice as much as possible

the thing is that these lectures are recorded there
for example, at least in my fund
there will always be lecture recordings

they will be in the form of , for example, audio transcripts
maybe there will be an option, I'll edit it

and there it is somehow more like this
[...] I will provide a printed version

but it is not necessary
you can just take the audio in the transcript
if possible from audio transcripts
write out a specific method
It's very easy to write out

I'm more concerned with explaining the method
than, in fact, the method itself

so you write out the method
and literally there in a few phrases
place it there for example
take a sheet of some kind of notebook
on the left side is the method
with the right practice and result

Gain experience from my practice
what happens during practice
what is it that you don't understand
then contact me
or in telepathy
or send for example Well there are letters to the secretariat

because I still react
well in this case even
what you will formulate in the letter
It's already visible, you can react right away
you don't even have to send anything in particular
but it's better to send
because I try to take into account the entire volume

and how can one mentally address

So try to work out the method like this
so that those phrases that were concluded
in the essence of the method
so that they would constitute a kind of being
i.e. the essence of the method
and worked constantly

we need to ensure that each method is relevant
regardless
still worked constantly

choose some of the most or something
convenient methods for you
let there not be many of them
but so that they are all effective

and if possible it means
Well how could there be several of them of course
Well, maybe I should develop myself in that regard?
that some if the situations are generally complicated
there to build synthesis methods as if connecting

well if there is such a thing [...]
it is possible to work within the limits of this method
No problem
[...] definitely check it out in practice

because the information is diverse
and I always control my goals
the system of future development of the World
the goal is like a beacon
Macro Rescue System
I can see it from here, well as if I were building a glow
in the form of a kind of event plan

and if you build
you should try to do the same
Well, then you definitely need to check

if something like well [...] synthesis
consists in the fact that
what to process yourself
then the next one

but very clearly exactly method by method ^{yes}
exactly as blocks [...]

so if possible, still work it out
how can it ^{be possible}, fundamentally, as much as possible
and if possible, do it anyway
so that it is already in a developed version
the methods were not complicated

because the formulation itself, the principle itself is very simple
and as I explained on the principles of two plates
in general it can be simplified very easily
to simplify significantly

i.e. knowing what is with this method
it's easy to work on just one coordinate

there is an approximate plate in this case
she then did it as I immediately said
what is this about
what is this color just

then it is enough to vary the color
immediately giving meaning to the management of some
in a variant state

This is where I will end today's meeting
if possible, just practice more

thank you for your attention