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The Teaching of Salvation and Harmonious Development
Management from the Thinking level

According to my technology of Salvation and harmonious development
I show methods of management through my Consciousness
based on the fact that then you are using
the structure of your Perception for that
to regulate the system firstly
from the point of view of preventing a macro-catastrophe

i.e. it is meant to implement direct access
due to its Consciousness in the structures of events
where macro-disaster regulation occurs

in this way you provide access
then to the next level of events
i.e. you create technological ground for yourself
to perform the next action
[...] this is a parallel action
solving your own problem

considering that we are talking about the fact that I would bring out that level
which is quite clear
and regardless of, for example, the level of education
level of individual structures of Perception
you should implement as a universal level

here it is of great importance
what well as if someone deals with private issues, for example
set out set out in the list of appeals
Well, these are very specific requests

then here in the method that I give today
If possible, pay attention to exactly that
that there is such an aspect that it is precisely the task of management
in the direction of precisely preventing a global catastrophe
this means it is necessary
because well, in the conditions of existence of global destruction
the probability of such an event occurring exists precisely
the first action is action
relating to an adequate response to [...] i.e. to Reality

and this action technologically provides
exactly, well, as a kind of soil for that

to [...] destroy the planet
there is an opportunity for the following action

hence
technological management will consist of
anyway in the next one
in the implementation of the primary action in management
in the direction of preventing a possible global catastrophe

the second action is already your private task

and in this mechanism, as I said, there is still a possibility
well, sort of or something parallel level
when you do these two actions at the same time
then it is already individual or better
the second action is still better to do after the first
after the level of Macroregulation

considering that the issue at this meeting is about
that you have to solve your own problems
through methodology Macrosalvation is achieved

do that if possible
which means at the moment of today also literally
let's say lectures at the time of that [...] represents
resolve those issues immediately
which are set out in these appeals
or you can, for example, formulate them as thoughts

the thing is that all requests are processed and worked on
in the first three days [...] work from 22.00 to 23.00
Every evening means well or during the day, precisely on these requests

so it means do the work on those requests right now
which you described for example [...]

and simultaneously with this action
do it as if it were already the third step
i.e. the first is Macroregulation
second work on appeals
and the third is the spread [...] of technology to work from the hall
who is here now
and further on those who need it
and [...] let's say there are video recordings or listening to audio recordings
or just give lectures
based on materials from this lecture today , for example

so I think technology in this case
at first it's clear enough
from the point of view of the action algorithm

and she needs to add another aspect
that when you are doing a Macro task
you are in a fairly intense information area
where the exchange processes are
between the information element [...]

[...] working through the body of Macroregulation
enough work most effective
I think she's well there really is an exact match
if the level became Reality

so if possible, learn this aspect
if at the moment we are working in which process
will be felt [...]
.. like a peculiar manifestation of some element of some kind

and at the moment I am imagining
four methods of management
based on your personal Perception
the methods are actually quite simple
i.e. everything that is used at once
very simple designs
from the point of view of the elements of the presentation

another question is what
Why simple designs can be made effective
because if we consider such a question
as for example acupuncture where health management for example
happens through well, basically
impact on these points of the body

then in this case here for example it says that
that there is simply an identical control mechanism
through Thinking at this point
this is already under control

but when you give the management information in essence
generally speaking, relating to the entire volume
i.e. this is, for example, the first principle is Macroregulation

then here you get absolutely precise access
to the control system
and thus the system is controlled

because you work physiologically correctly
and technologically here

the element of this method contains
as dynamic statuses i.e. Macrosalvations
as well as technological, i.e. place of work

i.e. how is Thinking different, for example
from the management of the means of, for example, Perception

that when you do management
this is a special place and a special form , so to speak
expressed there, for example , or there in shades of words , there in color
or there in [...] form or it is a combination [...] of forms

so in this case
when I say that work is underway
precisely in the space of Thinking
try to work in front of the physical body

i.e. well ...precisely thinking if you look at it for example
external optics that finds well ...
it will be visible as glow elements ..in front of you
i.e. in front of the physical body
[...] precisely to think, i.e. in conditions when the external
well, like [...] it will be visible visually
exactly like the glow happening in front of you
i.e. [...]

the principle of work before the physical body is sufficiently [...] depending, for example, on some external systems
or a relative element
Well, it is your physical body

so the first point is that
that it is based on the concept of "number"

and at the same time an element of the organization of this [...] is well , as in Reality, let's say, on a spiritual level
at the level of what the Creator does
how is the number organized

i.e. there is a very specific
algorithm of work of Perception
in relation to the number
if for example you perceive any [...] or you see there for example mentally

what you see first

well, how is the first object perceived
or as in relation to special work

i.e. the principle of organization with the number 11
beginning principle of primary impulse
[...] traditions

the element that I now represent
in the form of technology of work through Perception
is that you highlight in the event area
i.e. you have a management goal
you need to achieve for example there is either a cure
or it's a constructor [...] events

then you just need to highlight it
first impulse
first you highlight the impulse
or, as it were, by the maximum essence
selection
i.e. healing of some organ
or this is for example if well [...] in terms of events
that all control is universal
the point is that you can control any system

you highlight well For example There are three cars driving there
You can do it so that accidents don't happen
so you just assign a number
with each subsequent car
i.e. the first closest one
or in the same place where you first noticed it
the second one is [...] the second one that should or any third one
i.e. you need to make control, for example, from three events

then the principle of management is that
that the area is relevant
exactly for the task
preventing a possible global catastrophe
is a subtlety, well, it is precisely one that can be correlated
with a specific number

i.e. you are just informing
the number of this task
because it is quite an important task
to highlight the stable phase
it is precisely the phase of stability that is this area

initially assigned

Thus
area of prevention of possible global catastrophe
precisely as the area of my Teaching
in this case it is designated by the number 1

i.e. you just think that the information in this area
is in number 1

so the second [...] the second problem ^{there}
in general, it is best to select somewhere up to five units
and the next digits are again transmitted to 1, 2, 3, 4
so as not to highlight the Perception system
and in general it's best to work at most
in a three-coordinate system
those. ^{exactly there} 1 2 3

and in principle it is possible to work here
^{Well actually speaking} according to the three-digit system
in different systems ^{well} this is what should actually be
numbers
i.e. 1 this system of Macroregulation
the number 2 is related to your ^{well, for example there is} a personal event
and the number 3 is the number of control

and in this case the control is carried out in this way
that you are simply fixing
this number 1
then numbers 2
by voluntary movement
in the control space of the number 3
achieve management goals
through what is embedded in the meaning of the number 1

the move is carried out
i.e. in this case at this moment
only vertically

i.e. you move the number 3 ^{well as if} vertically in a column
up or down ^{there}
giving a wide variety of speeds
we are talking about [...] the speed of movement

and as soon as you see that control is achieved
then you accordingly ^{achieve} control

For example Well For example there is a simple example
let's assume there .. [...]
so if a person has a sore throat
therefore, three components are distinguished
Means for example, area and area of the disease
in this case well For example [...]
if we talk about angina as such with complications

then the area of angina
[...] to the area for example of angina physical area of angina
so area 2 i.e. the goal of management is the principle
well, just saying when we are a healthy person
we relate to the whole person
i.e. precisely due to [...] simply healing

and area 3 can be displayed for example as the number 3
assign an area near a person
just near a person
how to put a pole vertically
and we start moving this number 3
at a given speed there is an infinite column upwards [...]

from the point where you start to see
that is going to stabilize point 2
i.e. in Perception the number 2 begins to glow

the number 1 should always be assigned as the maximum from above
i.e. silvery-white

as soon as you perceive it, it begins to shine
because you [...] number 3
you get control
maximum [...] number finish [...]

so when you well at the same time it is necessary naturally desirable
[...] control processes in the physical plane
and if possible it means well do it this way
so that the control process itself still takes place
primarily based
on the very principles of light

because in the optical element of Perception
everything is quite simple from the point of view of construction
any element of the world there [...] a person can [...]
molecular level in principle
and this can be considered in principle as a wave

if you model a wave in Perception

Well there are supposed to be norms

relating to a type such as angina

those. sore throat does not last forever

Well, accordingly, you affect it due to your glow

the entire external system ^{yes}

Well, in this case, the principle is that a person is healthy

the second method is that

that you use letters to control

Well, in fact, you write words

and the principle is exactly ^{that what does} it consist of

or something in its free manifestation

i.e. in unlimited control spaces

if you think in front of you in the space of Thinking

then we can ^{generally} assume that you are thinking in front of you

but it is not necessary to fix it

Well as if very harshly to all other subjects

for example, besides the optical [...] near the physical body

and pay attention as independent work

the first principle ^{well} it still implies

have a vertical pole ^{there}

which [...] interacts [...]

it works ^{like this} [...]

then in the conditions of management through words

a space is created ^{, sort of} autonomously

it is independent of the elements of physical Reality

except that you just concentrate

in relation to you

the thing is that the quantity ^{or} concentration

number of management aspects

This is a fairly important principle.

because any fixation of the external element

that's basically it [...] control

so if i put a pole in space

you still ^{kind of} [...] control structures

and if you work with words

in space ^{as if} absolute and dependent only on that

that this level is only near you

in fact, it's actually a pretty simple system

as if it were as simple as possible

moreover, the principle of management itself
it may even simply be that
that you are highlighting the control area
in the form of event structures
i.e. you see as if well, you perceive the structure visually
and you understand what should happen in it
in the more distant background

and on a closer field
just write well like on a poster , like in letters
write the management objective

i.e. again, if we are talking about what you should
there, for example, to perform some action
well, go to the store and buy some goods
therefore you see all the designs
where is this product [...]
which you perceive on a spiritual level
as information

but nevertheless it can be reflected there
go to some store, yes
then you can buy everything there [...]

so the control consists in the fact that in the background
well, there is some kind of picture there [...]
in general it is expressed as if well, like a hemisphere [...]
where the action takes place is more spiritual
i.e. the management is more spiritual

i.e. you perceive the spiritual realm
what do you need
you formulate it [...]

then you write [...] action related
and here is the left right area, i.e. the left right letter
should be highlighted as much as possible , meaning brightly [...]
and it means that the area of my Teaching
in fact, it means preventing a possible global catastrophe

including in this you agree in terms of Eternal harmonious development
there are two components in this case

and that means the right one is the extreme point
sentence ending point of a word

this is the point, this is exactly it
you put a period then [...]
if you don't put a period then it's a letter
which is precisely spiritual management

so the management consists of this
what do you mean you start well as if the phrase itself the phrase itself
as much as possible like squeezing from right to left
if you write there text in Russian from left to right
then there where is the end of the semantic level of the text
then you start to simply compress the right letter
how to compress the letters so that they are there
Well as if they were bending towards this hemisphere
[...] spiritual plane
and they were more exposed well like silver- white there

i.e. the more you highlight the phrase itself
the closer you are to the management goal

the element of control is that you excluded the phrase

it is not even necessary to control all the letters
in Perception, for example, only the first and second letters are enough
and that's all

[...] in this regard it is quite simple
because you
everything else should be done as a background glow
you can immediately see if it is on a remote object and see what it is doing
it's clear what to do, you have to kind of look closely
into the form of an object

therefore the main letters can still be controlled by
that you just kind of track words with your third sight

for example , if we are talking about
what do you need for example well cure headache
i.e. get rid of headaches using this method
then at the level of spiritual management
i.e. I am simply giving some examples [...]
associated with certain conditions

and that means that at the background level this is basically it
in this case you may not have any event there
i.e. there is no distinction there [...]
but the only hemisphere is like a distant one
background level or something

we need to imagine and put it into this hemisphere
the meaning of the goal i.e. that [...] headache

so it's already in the approximate phase
well, the fact that everyone has words, for example , in the same practice
get rid of headache

then you either have the letter "i" this is the corresponding area
completely according to my teaching
to prevent a possible global catastrophe

the thing is that when entering this area
you have the whole technology methodology of prevention
i.e. you don't need to look for designs
create by macro regulation
and they are technologies there
in which the concentration of [...] type
or simply in the volume of information
corresponding to the Teaching

take the right letter, i.e. you get this
so well if [...] you start highlighting it
i.e. well, as if by an effort of will
and just [...] as if to condense the information

here we are talking only about that
that you are in the structure of collective Consciousness
you are consolidating the phase of your own management
while doing elements of Macrosalvation

and as soon as you compacted it you immediately got enough
Well there let's say Well as if the phrase is quite bright
or just very bright
then in principle you can do it, including self-regulation
self-healing

and as if Well , in connection with this, here I am
on the second well as if there will be two more methods in the method besides this
one
the second one will be
only four methods

but it is precisely on the second method
try now [...] just now
work on this technology for your task

It's best to work on tasks first

which are presented in the form of an appeal ^{here}

the thing is that in this case I am not specifically considering
what will it be ^{like,} my correspondence work
on work on prevention

but nevertheless we must take into account that today is the meeting
a completely practical meeting
work-oriented first
for the reasons of your requests
i.e. all this is very specific practical work
on [...] your today

so let 's do this work right now
^{well} all at once
each person imagines a sphere in front of him [,] as if
which concavity from you
just imagine the sphere
and put this control
and write briefly if possible
you can write at length like this [...] as if mentally
just write

so they wrote and laid down the management goal
^{Means} how to stabilize stabilized Perception
and if possible when you work
try to keep the control system from moving
here [...] work in this place
i.e. don't move ^{there,} no one can interfere with this system
because [...] we need to go out to [...]
If [...]

Moreover, you must [...]
because in this case we are talking about
what are you building like
technology always ^{for example} to do as the Creator does
initially at the level of information growth or [...]

then it turns out that you do not influence the environment
because you do Macro regulation first
i.e. ^{well there} you implement global positive systems
and your personal action

then work calmly in front of you
[...] forward because you work
^{Well,} actually speaking like this

that each element [...] you can
also well as if [...] work on the sheet as much as you need
time element here for example
to hurry there
or try to get there in time some specific time interval

so if possible
it means to work with my recommendations
so they highlighted the sphere and wrote the goal
and you have [...] the area of my Teaching on prevention precisely
possible global catastrophe [...]
the right letter lights up, start squeezing
it just starts to compress the text

try to make sure that the letters you write
they didn't seem to get out of line here [...] it's written exactly

and try to work so that these are exactly the letters
were just here [...] in the computer [...] take [...] letters
well, how to draw
It's quite simple, it comes and that's it

It is desirable that the distance between the letters
was preserved
i.e. you can compress them
but there are quite a lot of them there
maybe there are five times at most [...] you squeeze
better... highlight highlight more highlight

Well, in this way, demonstrate the control system
extrapolate to the problem [...] next iteration
you are now doing the same thing but for the tasks of the entire hall
plus all those who are here now

do the same
i.e. you take, as it were, a sphere again
just means Well for example, solving problems of those present in the room

we are not talking about you don't need to take the specific problem of each
the letter "r" is highlighted [...] the letter "e"
and you start squeezing
who perceives the word clearly there [...] all the letters [...]
it is not always necessary to perceive
Perception always works at high speeds
you may not perceive everything then it is enough [...]

and here is the next moment

what I attributed specifically to the sphere of actual spiritual management
where there is actually like a hemisphere
you can light this hemisphere i.e. light of the Spirit
and the Spirit of knowing yes
knowing what the Spirit knows

because you have made the control technologically based on logic
and therefore, well, if you shine a flashlight
they are like [...]

and you therefore made the management in this case
which consists in the fact that the light of this hemisphere
begins to spread to everyone
just for everyone
the light of the hall begins to fill

if you all start to highlight this sphere
[...] in this glow
you highlight management knowledge
management of each person there [...]

and as if all these systems give quite a difficult
Well, it's pretty transparent there
precise space organization systems
within which one can already see the forecast phase
you can see what tasks are there [...] how to detail [...]
how can you operate there constantly

and if possible, it means considering the system as follows
so that the method itself was so processed
so that you have for example there is a need there
often reflect on the events there
the sphere where it is located
what is it attached to, etc.

it is not attached to anything
she's just in the big space of Perception
takes relation to the boundary of Perception
because [...]

in this case we are talking about just [...] yes
an optical design emerges

from the point of view of analogy analogies
the thing is that from the hemisphere there [...] as if [...]
Well For example there is a verbal system that fully organizes the word

then here we even need to find the reverse process
why is this particular system presented as [...]

as homework on your own there will be time
work on predicting
why exactly in a hemisphere
or in relation to in relation to [...] first in it
events are projected

and you can even determine where the spiritual line works
i.e. [...] spiritual management [...] logical
clearly defined
logical phase [...]
implement it, for example, in the form of [...]

the next method is that
what you do means control by means of light

so here the principle is completely simple
all in all, two infinite as if are taken [...]
that stand in front of you
and a more distant color is assigned
[...] which can be silvery white
It is better to use light colors

that means [...] endless records
[...] you can [...] spiritual means it is infinite

principle of catching optical knowledge
spiritual knowledge is clearly manifested here

this plate corresponds to the glow area
preventing a possible global catastrophe
and the closer plate is the area of your tasks

i.e. [...] the second plate can simply [...] address
which you just might be imagining

but when working with color it is better not to work with exactly that
that [...] i.e. the position of the information sheet to put in color

and here is a closer picture, this is just text
well, that event which is necessary for it to be realized

so the principle of management itself is that
that an effort of will only if you
i.e. you start to build [...] the beam is reflected

it seems to have [...] some kind of reflective system
as if we consider that it is not transparent at all
in principle, all the energy is a kind of information
she just moves [...]

and here is the principle of management in general
create as if so many reflections inside
i.e. they are like [...]

let's say there closer to me [...] there it 's green
further there is blue
you can work simply in silver color
do it simply [...] follow the beam that moves [...]

and how is the manager considered in this way
what causes such a large amount of signal transmission
between , well, these two plates
something like [...] compression of two plates began
and the distance between the plates was , well, minimal

the control effect is
in giving a large amount
as if Well or something like mutual reflections of two planes

in this case the control element is that
that starts tracking the movement of the beam
which are closer to your heart on the left side
and the movement of the beam means [...]
which means it is closer to you
to the management goal

so if we consider such a principle, for example
for event management
which come to you
i.e. you need to do it like this
to [...]

For example as if enough [...] events
why [...] work enough with a big [...] event
because people get that in principle
the very concept of "color" is an endless topic
it is more accordingly [...] more spiritual development of a person
or optical plan

therefore work with color using the formula method [...] planes
the thing is that [...] should we lay down an event or something

and then if [...] there is more likely the area of my Teaching
well by preventing a possible global catastrophe
as a system of stability [...]
lower it depends on regulation
which exists precisely as a task

and your task is to install digital systems
i.e. and having informed in this way [...]

[...] the principle of management is that
that you should start [...] to yourself
and start moving all over again
the movement will be slow
i.e. first you sort of [...] start to pull [...]

then the process has the following action [...]
i.e. you just see what starts happening on its own
reflection of a beam [...]

and [...] further you move away with Perception [...]
and then you basically get just that, just
exactly [...] like, well, apparently [...]

and that's how it happened as if two plates became maximally [...]
management is in progress, which means it exists to the maximum
i.e. [...] this is the principle of management
well, that is to say you can just start over the next [...]

if we are talking about something that can be done, for example there to heal [...]
For example there is some [...] broken finger for example yes
the design may be quite distant
in terms of Perception

here the management consists of
well first of all [...] it's one and the same
but the one that is closer needs to be made so that it doesn't happen
firstly, well, so that the fracture heals and the pain goes away, yes
[...]
and that means the implementation of, for example, a movement
inside this is how it is meant how it is distributed often
as if [...] so that it would be the maximum form of movement
this internal impulse plus reflection
just imagine [...] on this finger
Well as if [...] a system of reflected light

this way you can be more precise, or something like that
set a big goal

in relation to what to do management
i.e. sometimes [...] treatment [...] is
specification of some [...]

let's do the same then
what are you doing well there in the method [...] in management by means of [...]

then now we will do it in relation to your same tasks
[...] work more with sound

means what concerns the method that is now
[...] each [...] make these two plates definitely [...]
which one do you like more
what do you choose

By the way, there is another method of control
where [...] needs to be changed [...]
i.e. the cumulative [...] remains
what do you have [...] reflected signals [...]

i.e. well, the more [...] the more the manager [...]
so you just do [...] now
moreover, to designate this area of my Teaching
to prevent a possible global catastrophe
what is closer [...]

again [...] put
but at the same time, if possible, do not record [...]
by the color of the paint you can consider [...]
[...]
and how would you start working due to that
that you start tracking [...]
when the beam moves
you should see the beam spreading [...]
in that it is reflected [...] usually from [...]

i.e. try to concentrate [...]
the thing is that you must, first of all, as if the body [...]
secondly, try to move in this way
what you control Perception
and you see [...] management means [...]

because often it is enough to see
only the first [...] rays and [...]
This is especially important as [...]

so it is not necessary to see and track there

or watch [...]
have the following [...] about the full management cycle

but the technology of Salvation for example
from a possible global catastrophe
it is necessary that often one of the cycles be the control one

so just work through it
you know how [...] the controls move in front of you
a peculiar picture
those. you won't [...]

is there yes in management [...] optics are certain
the heart is where the brain works [...] you work within the framework [...] of the
system

and try not to move [...]
plane is simply a selection giving a characteristic [...]
to make it more well there [...] mechanism
in comparison with light
well , also somehow light [...] carrying
simply connecting these systems gives control
[...]

so work in that context
[...] but don't move
but they are, in general, not material [...]
the point is that you have highlighted an area simply in logic
and the outer part was replaced by a spiritual plane
[...] knowledge that the plane is infinite
that's all

and therefore try not to move [...] among others
in fact the control will decrease in speed
because in this case [...]

the thing is that those optical laws
who work in the optics of Perception
they are completely well often individual
as if they work in the space of Perception
but often they intersect with [...]
which are diagnostically [...]

and that's why the substance grows here
namely the substance, for example, yes [...] which [...]
these are generally boundary systems

there is a system [...] organic is a system [...]
therefore this Law which concerns Perception
[...] actually has a direct connection
with the Laws of the ordinary [...]

and therefore it is possible to control [...] at a fairly high speed
in a state [...]
the work has more to do with [...]

as a result of this [...] which [...] only Perception
but again it doesn't define anything new
[...] make it so that the control itself
it was carried out [...] to a greater extent, however
in the form of some kind of more or less static system
which would have more [...]

[...] the control center is most intensive
so in order to [...]
try [...]
and try to start [...] start
[...] movement [...]

.
Certainly [...]
he [...] becomes [...] to highlight the point
where to start moving [...]

then just work like this
so that you are in autonomous mode or something
to get [...]
[...]

Now you work on this moment
[...] work at speed and well as if you don't enter already [...]
[...] meditative concentration
because we need to achieve [...]
we need to achieve control over these events
where the goal needs to be achieved

the concept of "meditation" is a rather special thing
it is often, as it were, a special purpose
[...]

and in this case [...]
this concentration [...] achieving the goal
because you control [...]
relative place or something
in Perception [...]

you control this element
[...] to manage and not to meditate

so if you make control for example
it is best [...] not to enter into special states
because you still need to be able to do management
let's assume that in general here

Well how would the goal be realized, well, at a similar level , or something like that
to a greater extent which [...] the spiritual aspect [...]
you can use the exit [...] to work with the Soul
but there the form can somehow [...] control

so again to the point that means to give it to him again
repeat [...]
at this time we simply repeat [...] on your part of the goal [...]
in your area in general
the area of Macromanagement [...] was brought closer
your goal
and start this beam there but now exactly as a beam
[...]

and then this segment which [...] reflects
and try to achieve control in the first iteration
[...] to achieve [...] for yourself
so that they glow very brightly

it means because there is a diagnostic element there
is [...] the glow is closest [...]
highlight
try to do [...]

if in the first iteration it is visible somewhere that [...] is not turned off
continue [...] i.e. [...] yes
work on the second part

and then just after the second third there
they usually start to appear these control points
and begins to diverge as if chaotically [...]

the thing is that there are certain methods, well, as it were, in Perception
[...] even tougher as [...]
so be careful here
this is a design, it is based on the Laws
namely the connections of information
in Perception of information [...] Reality

[...] healing

then it is enough to simply ^{imagine} the goal
i.e. set a goal [...]
and often even the task of the goal at the expense of the breakthrough
[...] i.e. here as soon as you work out this method
try to practice any method as effectively as possible
i.e. [...] find nuances a large number of times
keep some protocol of the method development
in such cases, pay attention
so that it would be a universal system

i.e. it is desirable that each method be so well-developed
that should act as a universal system.
in any situation

and when you ^{well there} they worked it out to a certain ^{universal} principle
try here for sure
^{just do n't} forget to use it periodically
so that the Macroregulation system
assistance to others as well

right now make this control element in the hall
that the task of the hall is in the plate in front of you
[...]
in the presentation of the hall

they are basically to a greater extent
^{for example,} preventing this problem
there are tasks that have a level [...]
who are here maybe people don't know ^{there}
what problems could there be
and offer a solution to this option
the theme that drives me ^{there} [...] the process of collaboration
often finds more solutions in relation to that
that a person himself [...] can control such situations
[...]
solving even a personal problem
it turns out to improve [...]
often becomes the most effective

so that ^{means} when you did this management
^{as if} [...] you can start moving right now
[...] hall

do the next method very quickly
try ^{not to} even develop [...]
go to management in general for all those
who ^{will} these systems anyway [...]

[...] problems

and do the management through again

this is the screen that moves

i.e. the screen can change shape all the time, well, like information, yes

the tasks of the hall then the tasks of the Macro level

The macro level is [...] which is [...]

somewhere there [...]

and the situation is as follows

that here is a change in the screen's awareness

often associated with that there [...]

and it turns out that due to that

that you can change the content of the light control

in fact, the method would be something like a high level of management

i.e. at this level there is a high level of management

so that you simply learn to change the light

and you will immediately understand that [...] color management

and in conditions when you need to be fast, it's not just [...]

the more you understand the more [...] control space

the more you achieve

i.e. the system is very efficient..

Well, in this regard, what does it not give in general, well, in fact

well, in fact, it's like the principle of maximum access already and therefore

that with practice you already learn simply in the state of the goal

because there is an external system [...] it is always in one place

[...]

and here it turns out that you need to learn to control

just the principle [...]

it means when you kind of do management through some kind of conflict

there it's better you sort of [...] very simply displayed

just fix even some [...] beam

here they open up and begin to slightly [...]

[...] you can, as it were, due to the shades of the plate [...]

increase the maximum control effect

For example there well there is always [...] improvement

in any disease

constant improvement there in the development of events

and in memory only in total in management memory

hold [...]

it's not even a plate anymore

the plate later [...]

and now work with color [...]
through different colors [...]

there are no problems here
this is already [...] a very simple system
it reaches a spiritual level in realization
spiritual or something in a spiritual state
then color regulation [...]
in a state and simply the state of the Spirit is control
i.e. we get that the Spirit is an instant reaction yes
[...] from the forecast [...]

the light of the Spirit passes into the events of the future

and then you learn how to grow well as if [...]
i.e. there the crystal grows there as if [...] crystal [...]
it turns out that you have, for example,
[...] at the same distance [...]

[...] the further you illuminate the system of future events
[...] all the more prepared for possible events there
and you can influence them there
i.e. this system includes a predictive management system

so i.e. you are transferring the system [...] predictive management

the next method is that
what do you use in management [...] then you can [...] like
i.e. as if [...] where the form and [...] is the control system

so [...] in this case [...] is extremely simple
and it consists of the following
what do you highlight in Perception [...]
so the internal point of view is like [...] external
Here [...]

then you highlight [...] the information area
in this case the area of my Teaching
namely, the cessation of a possible global catastrophe
of this external system

and there we still need to include the area of Teaching
namely the external sphere about the technologies of Eternal development

and the inner sphere is the sphere of control
[...] and including the sphere of your events, as it were

i.e. you [...] work on the spiritual plane

because [...]
[...] we [...] by the Spirit that you hear
you catch the Spirit at that level
and not logical [...]

and logic [...] only the form where control occurs
in the humanities [...]

if we well we do it there by the way in this case
well, we just perceive [...]
[...]

[...] the holy line of control
[...] i.e. silvery .. glow
[...] specifically the first second [...]
i.e. it looks denser [...]
The spirit is a mobile system, one must be able to [...] learn
in Perception it is precisely to find after all
what glow corresponds to spiritual control
in fact, what is the logic at all
and what is the work of the Soul here, i.e. the glow of the Soul

and here you need to see very clearly
what does control mean i.e. that's when we say
than to manage [...]

here the control is carried out by the Spirit
the control itself is visible as the movement of the beam
this is the work of the Spirit specifically

thus assigning the outer plane [...] Macro
external element sphere of macroregulation
in the field of my Teaching
and internally [...] means management and area [...]
the task is as if in this way [...] sound
at the same time, in general, it is necessary [...]
but it is necessary [...]

need to be saturated with some sound
just even [...]
You may have often noticed
that when some familiar melody is played
she starts to [...] yeah [...]

it's getting better at least [...]
state is also [...] like a state of something
generally speaking, a system of reaction , including to possible events

if the melody leads [...]

so if a person, for example, has a task to do
it is [...] but there to create the process in such a way
that it will be a systemic process
you get a very accessible simple form of management
[...] in that [...] highlighting [...]
Means as if you were listening to a melody inside [...]
do you even hear [...]

we can assume that some kind of dictaphone pendulum is working there
some [...] which works precisely [...] in two spheres
and you hear in this [...] the outer sphere
there will be less

so investing simply is not even necessary [...]
and some intense sound for example there
high intensity high notes [...]
each one selects for himself what [...] management
[...] you also decide on management and that
that you change the size of the inner sphere
bring the inner sphere closer [...]
and watch what events [...]

changing the size and as if hearing the sound
i.e. being in the intersphere space [...]

i.e. you bring the inner sphere closer..
and ..that the events of the internal ..just
in your Perception
and hear hear a certain melody yes

then you just adjust this melody [...]
act so that this sound is the control one
changing this sphere
you control events at the same time
in this area

i.e. you can just see
what happens as a cure there
how does event regulation occur
and in general, how is the melody with this sound [...]
although the sound there is quite general

[...] go out between these spheres [...]
when you hear well there [...] including [...] well most likely
it is [...] spiritual

so that's why, well, sort of internally [...]

what is very important here is
that here you know how to work with your Soul correctly
[...] i.e. general [...]

highlighting an event is the work of the Soul
i.e. when you will differentiate later
what is the light of the Soul i.e. [...]
you can see in this method
where does Soul work

The soul works in that
that this is the area in which the event occurs
this is the layer of the Soul in this method

then what, well, there is such a thing, yes [...] for example, the Soul sings there
you have there [...]
[...] optics are actually like the Soul
she has a very clear difference
Well as if it had some absolute [...] optical [...]
where everyone [...] will spread
then again [...]
then you usually do physical [...]

and the Soul is like speed there [...] the element of Eternity
at one point [...] all space
as if it were an element of light, it is multifunctional
that it is infinite in properties
as he and maximally [...]
and at the same time he is also [...]

that's why optics is an optical system in general
it is very often detected
if you walk along it, well, like [...]
how it is built at every moment
such an element of action

and here it will be immediately clear
how how in general [...] what to look for to [...]
the glow that is a little to the right [...]
well how about [...]

look and write down the knowledge that [...]
for example there [...]
in order to manage there and so on

and first of all there is always knowledge
precisely about [...] a possible global catastrophe
there are changes [...] I'm talking in general [...] there
[...] control system [...]

when the system is always reachable
this is the point of preventing a possible global catastrophe
[...]

and here is the point of defeat
she is absolutely, well, specifically, and for all people, like [...]

and as if because of this we somehow [...] the Soul's appeal
knowing the point [...] well let's say it this way
[...] as if using the structure of the Soul
in order to ..

so in this management
you can [...] your selection of the optical parameter of the Soul
quite an important characteristic that speaks about that
which as I already said
there is optics there is Spirit [...]
in any case, it's optics , i.e. how you perceive it [...]

so now we will make the control as follows
considering that I well [...] showed this level
where there is a way out [...] of the Soul practice
[...] understand in optical terms
we need to take all your questions and work through them in this way
that this method also works
as a method that allows you to work with your Soul immediately

[...]
they already [...]
and as if the Spirit [...]
i.e. work where form is not important
the main thing [...] yes on the outline where you see [...]
as if you put the glow of the Soul [...] in general [...] in front of you

try to work with your Soul
right now [...]
at the same time you worked through Macromanagement
work now [...]

since you came out to [...] Souls [...] Soul
and this is [...] in this case the system.
as a rule [...]

and here immediately work with the Soul
start working with your Soul
because [...] we start working on our frequent task
just work
I'll watch

try to do it again
as slowly as possible [...] calmly
because you are working with your own Perception
your opinion to work so much time
as much as you want

and in connection with this, external necessity, for example
[...] because the more systematically you work
the more accurately it works [...]

another question is what is in the control system
there may be some subsystems [...] that increase speed
to realize its [...]

next iteration just spread [...]
how [...] the whole hall is already standing on those people, i.e. even
mechanically
you have [...] work with your system
[...] it is universal but in principle [...]
[...] starts performing
he can't even [...]
no need for it [...] exactly

due to management principles
[...] it is important to constructively [...] transfer such knowledge
[...] ideally [...] Eternity [...]

we are talking about who transmitted it
got made the next level
[...] more protected

unfortunately [...] the more you work
the more protected you are
more has a high level of information
and it's always better than not having it

therefore, and since according to the Macrosalvation system

[...] possibilities [...]
I take into account that [...] on a large spiritual [...]
any situations that need to be brought
[...] precisely because of your practice
when possible [...] daily [...]
it is at the same time a working off
this possible readiness

in this case it is better not to allow it
approaching actually [...] events especially macro problems
for everyone
but if so, some uncertain systems occur
even if not Macro management
always on a spiritual level it is necessary [...]

therefore [...] Soul
The soul basically has that control apparatus
and often you even give the management address

so treat this logic as a method
where else can you work and just with your Soul, as it were
already as if in an infinite form [...]
precisely with the forms of the present [...]
this means that initially it was identified [...]

Next, let's do the management anyway
in the logical level in which I presented this lecture
set these spheres in front of you